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# Cockenoe Island, CT - Mar 2028

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 1:45 | 7.2 | 2:17 | 6.6 | 8:16 | 0.1 | 8:24 | 0.5 | 6:26 | 5:44 | |
| 2 | Thu | 2:26 | 7.1 | 3:03 | 6.3 | 9:01 | 0.3 | 9:10 | 0.7 | 6:24 | 5:46 | |
| 3 | Fri | 3:13 | 7.0 | 3:57 | 6.1 | 9:56 | 0.5 | 10:05 | 1.0 | 6:23 | 5:47 | |
| 4 | Sat | 4:09 | 6.9 | 4:59 | 6.0 | 11:00 | 0.6 | 11:12 | 1.1 | 6:21 | 5:48 | |
| 5 | Sun | 5:14 | 6.8 | 6:07 | 6.0 | | | 12:10 | 0.6 | 6:19 | 5:49 | |
| 6 | Mon | 6:25 | 6.9 | 7:14 | 6.4 | 12:24 | 0.9 | 1:17 | 0.4 | 6:18 | 5:50 | |
| 7 | Tue | 7:35 | 7.2 | 8:15 | 6.9 | 1:33 | 0.5 | 2:18 | 0.0 | 6:16 | 5:51 | |
| 8 | Wed | 8:37 | 7.5 | 9:09 | 7.5 | 2:36 | 0.0 | 3:12 | -0.4 | 6:15 | 5:52 | |
| 9 | Thu | 9:33 | 7.9 | 9:59 | 8.1 | 3:34 | -0.6 | 4:03 | -0.8 | 6:13 | 5:53 | |
| 10 | Fri | 10:24 | 8.1 | 10:47 | 8.5 | 4:27 | -1.1 | 4:50 | -1.0 | 6:11 | 5:55 | |
| 11 | Sat | 11:13 | 8.1 | 11:34 | 8.8 | 5:17 | -1.3 | 5:35 | -1.1 | 6:10 | 5:56 | |
| 12 | Sun | | | 1:01 | 8.0 | 7:06 | -1.4 | 7:21 | -1.0 | 7:08 | 6:57 | |
| 13 | Mon | 1:20 | 8.8 | 1:50 | 7.7 | 7:54 | -1.3 | 8:07 | -0.7 | 7:06 | 6:58 | |
| 14 | Tue | 2:08 | 8.5 | 2:39 | 7.4 | 8:44 | -1.0 | 8:54 | -0.3 | 7:05 | 6:59 | |
| 15 | Wed | 2:57 | 8.2 | 3:31 | 6.9 | 9:35 | -0.5 | 9:45 | 0.2 | 7:03 | 7:00 | |
| 16 | Thu | 3:49 | 7.7 | 4:27 | 6.5 | 10:30 | 0.0 | 10:41 | 0.7 | 7:01 | 7:01 | |
| 17 | Fri | 4:46 | 7.1 | 5:28 | 6.2 | 11:29 | 0.4 | 11:44 | 1.1 | 7:00 | 7:02 | |
| 18 | Sat | 5:49 | 6.7 | 6:34 | 6.0 | | | 12:32 | 0.7 | 6:58 | 7:03 | |
| 19 | Sun | 6:58 | 6.4 | 7:40 | 6.1 | 12:51 | 1.2 | 1:35 | 0.9 | 6:56 | 7:04 | |
| 20 | Mon | 8:06 | 6.4 | 8:40 | 6.3 | 1:57 | 1.2 | 2:33 | 0.9 | 6:55 | 7:06 | |
| 21 | Tue | 9:05 | 6.4 | 9:31 | 6.6 | 2:57 | 0.9 | 3:24 | 0.8 | 6:53 | 7:07 | |
| 22 | Wed | 9:55 | 6.6 | 10:14 | 6.9 | 3:49 | 0.7 | 4:08 | 0.6 | 6:51 | 7:08 | |
| 23 | Thu | 10:37 | 6.7 | 10:53 | 7.2 | 4:34 | 0.4 | 4:47 | 0.4 | 6:50 | 7:09 | |
| 24 | Fri | 11:14 | 6.8 | 11:28 | 7.4 | 5:14 | 0.2 | 5:24 | 0.2 | 6:48 | 7:10 | |
| 25 | Sat | 11:49 | 6.9 | | | 5:51 | 0.1 | 5:59 | 0.1 | 6:46 | 7:11 | |
| 26 | Sun | 12:00 | 7.5 | 12:22 | 7.0 | 6:26 | 0.0 | 6:33 | 0.1 | 6:45 | 7:12 | |
| 27 | Mon | 12:32 | 7.5 | 12:57 | 7.0 | 7:01 | 0.0 | 7:07 | 0.2 | 6:43 | 7:13 | |
| 28 | Tue | 1:04 | 7.5 | 1:33 | 7.0 | 7:36 | 0.0 | 7:43 | 0.3 | 6:41 | 7:14 | |
| 29 | Wed | 1:39 | 7.5 | 2:12 | 6.9 | 8:14 | 0.0 | 8:21 | 0.5 | 6:40 | 7:15 | |
| 30 | Thu | 2:18 | 7.5 | 2:56 | 6.7 | 8:56 | 0.1 | 9:03 | 0.7 | 6:38 | 7:16 | |
| 31 | Fri | 3:02 | 7.4 | 3:45 | 6.5 | 9:44 | 0.2 | 9:53 | 0.9 | 6:36 | 7:17 | |