US HARBORS www.USHarbors.com

Cockenoe Island, CT - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:14	7.6	8:56	6.7	2:11	0.3	3:01	-0.4	7:18	4:35	
2	Wed	9:15	7.8	9:53	7.0	3:14	0.0	3:58	-0.7	7:18	4:36	
3	Thu	10:11	8.0	10:47	7.3	4:12	-0.2	4:51	-1.0	7:18	4:37	
4	Fri	11:04	8.0	11:36	7.5	5:06	-0.5	5:39	-1.1	7:18	4:38	
5	Sat	11:54	8.0			5:56	-0.6	6:26	-1.1	7:18	4:39	
6	Sun	12:24	7.7	12:43	7.8	6:45	-0.7	7:10	-0.9	7:18	4:40	
7	Mon	1:09	7.7	1:30	7.6	7:32	-0.6	7:53	-0.6	7:18	4:41	
8	Tue	1:54	7.6	2:17	7.2	8:18	-0.4	8:36	-0.3	7:18	4:42	
9	Wed	2:39	7.4	3:04	6.8	9:06	-0.1	9:19	0.1	7:18	4:43	
10	Thu	3:24	7.2	3:53	6.4	9:56	0.2	10:05	0.5	7:17	4:44	
11	Fri	4:12	6.9	4:45	6.0	10:48	0.5	10:54	0.8	7:17	4:45	
12	Sat	5:04	6.6	5:42	5.7	11:44	0.8	11:48	1.0	7:17	4:46	
13	Sun	6:00	6.4	6:42	5.6			12:42	0.9	7:16	4:47	
14	Mon	6:59	6.3	7:41	5.7	12:46	1.1	1:39	0.8	7:16	4:48	
15	Tue	7:56	6.4	8:35	6.0	1:44	1.0	2:32	0.6	7:16	4:49	
16	Wed	8:47	6.5	9:23	6.3	2:39	0.9	3:20	0.4	7:15	4:50	
17	Thu	9:32	6.7	10:06	6.6	3:29	0.6	4:04	0.0	7:15	4:52	
18	Fri	10:14	7.0	10:45	6.9	4:14	0.3	4:45	-0.3	7:14	4:53	
19	Sat	10:53	7.3	11:23	7.2	4:57	0.0	5:25	-0.6	7:14	4:54	
20	Sun	11:32	7.5			5:38	-0.3	6:04	-0.7	7:13	4:55	
21	Mon	12:01	7.4	12:13	7.7	6:19	-0.5	6:42	-0.8	7:12	4:56	
22	Tue	12:39	7.6	12:55	7.7	7:00	-0.6	7:22	-0.8	7:12	4:57	
23	Wed	1:19	7.8	1:39	7.6	7:44	-0.7	8:03	-0.6	7:11	4:59	
24	Thu	2:03	7.8	2:26	7.3	8:31	-0.6	8:47	-0.4	7:10	5:00	
25	Fri	2:49	7.8	3:17	6.9	9:24	-0.4	9:37	-0.1	7:09	5:01	
26	Sat	3:41	7.6	4:14	6.5	10:22	-0.2	10:35	0.3	7:09	5:02	
27	Sun	4:39	7.4	5:18	6.2	11:28	0.1	11:41	0.5	7:08	5:04	
28	Mon	5:45	7.2	6:29	6.1			12:37	0.1	7:07	5:05	
29	Tue	6:55	7.1	7:41	6.3	12:52	0.6	1:45	0.0	7:06	5:06	
30	Wed	8:04	7.2	8:45	6.6	2:01	0.4	2:48	-0.3	7:05	5:07	
31	Thu	9:06	7.4	9:42	7.0	3:05	0.1	3:44	-0.6	7:04	5:09	