

Essex, CT - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:22	3.3	4:03	3.8	10:00	0.1	10:44	0.3	5:44	8:06	
2	Mon	4:18	3.1	5:00	3.8	10:55	0.2	11:46	0.3	5:45	8:05	
3	Tue	5:19	2.9	6:02	3.8	11:53	0.3			5:46	8:04	
4	Wed	6:27	2.9	7:07	3.8	12:48	0.3	12:54	0.4	5:47	8:03	
5	Thu	7:34	2.9	8:07	3.8	1:49	0.3	1:55	0.4	5:48	8:02	
6	Fri	8:33	3.0	9:01	3.8	2:47	0.2	2:55	0.4	5:49	8:00	
7	Sat	9:26	3.1	9:51	3.8	3:42	0.2	3:52	0.3	5:50	7:59	
8	Sun	10:17	3.2	10:39	3.8	4:34	0.1	4:46	0.3	5:51	7:58	
9	Mon	11:05	3.3	11:24	3.7	5:21	0.1	5:35	0.3	5:52	7:56	
10	Tue	11:51	3.4			6:05	0.1	6:21	0.3	5:53	7:55	
11	Wed	12:08	3.6	12:36	3.5	6:45	0.1	7:06	0.4	5:54	7:54	
12	Thu	12:52	3.5	1:21	3.5	7:25	0.3	7:51	0.5	5:55	7:53	
13	Fri	1:37	3.4	2:08	3.5	8:06	0.4	8:39	0.6	5:56	7:51	
14	Sat	2:24	3.2	2:56	3.5	8:48	0.6	9:29	0.7	5:57	7:50	
15	Sun	3:13	3.0	3:45	3.4	9:32	0.8	10:19	0.8	5:58	7:48	
16	Mon	4:02	2.9	4:35	3.3	10:17	0.9	11:11	0.8	5:59	7:47	
17	Tue	4:55	2.7	5:29	3.3	11:04	1.0			6:00	7:45	
18	Wed	5:51	2.6	6:27	3.2	12:03	0.8	11:55 AM	1.1	6:01	7:44	
19	Thu	6:51	2.6	7:23	3.3	12:56	0.8	12:49	1.1	6:03	7:43	
20	Fri	7:46	2.7	8:14	3.4	1:47	0.8	1:42	1.0	6:04	7:41	
21	Sat	8:35	2.8	8:59	3.5	2:36	0.6	2:33	0.9	6:05	7:40	
22	Sun	9:19	3.0	9:41	3.6	3:23	0.5	3:24	0.7	6:06	7:38	
23	Mon	10:02	3.2	10:22	3.7	4:09	0.3	4:14	0.5	6:07	7:36	
24	Tue	10:44	3.4	11:03	3.8	4:53	0.1	5:03	0.3	6:08	7:35	
25	Wed	11:27	3.6	11:45	3.8	5:35	0.0	5:51	0.1	6:09	7:33	
26	Thu			12:11	3.8	6:18	-0.1	6:40	0.0	6:10	7:32	
27	Fri	12:29	3.8	12:58	4.0	7:02	-0.1	7:31	0.0	6:11	7:30	
28	Sat	1:16	3.6	1:48	4.0	7:49	-0.1	8:26	0.0	6:12	7:29	
29	Sun	2:08	3.5	2:43	4.0	8:41	0.1	9:25	0.1	6:13	7:27	
30	Mon	3:04	3.3	3:40	4.0	9:36	0.2	10:26	0.2	6:14	7:25	
31	Tue	4:03	3.1	4:40	3.9	10:35	0.3	11:27	0.3	6:15	7:24	