US HARBORS www.USHarbors.com

Essex, CT - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:31	2.9	6:47	2.1	12:12	0.3	1:10	0.3	7:15	4:30	
2	Fri	7:20	3.0	7:37	2.1	1:01	0.4	2:02	0.2	7:15	4:31	
3	Sat	8:05	3.1	8:23	2.1	1:47	0.5	2:49	0.1	7:15	4:32	
4	Sun	8:48	3.1	9:07	2.2	2:33	0.5	3:31	0.0	7:15	4:33	
5	Mon	9:30	3.1	9:49	2.3	3:16	0.4	4:10	0.0	7:15	4:33	
6	Tue	10:11	3.1	10:31	2.4	3:57	0.3	4:46	-0.1	7:15	4:34	
7	Wed	10:52	3.1	11:12	2.4	4:35	0.3	5:23	-0.2	7:15	4:35	
8	Thu	11:31	3.1	11:53	2.4	5:13	0.2	6:01	-0.2	7:15	4:36	
9	Fri			12:09	3.1	5:52	0.2	6:40	-0.2	7:15	4:37	
10	Sat	12:36	2.4	12:47	3.0	6:34	0.2	7:23	-0.2	7:14	4:38	
11	Sun	1:20	2.5	1:26	2.9	7:22	0.2	8:07	-0.2	7:14	4:39	
12	Mon	2:05	2.5	2:07	2.8	8:15	0.3	8:52	-0.1	7:14	4:41	
13	Tue	2:50	2.6	2:51	2.7	9:13	0.2	9:39	-0.1	7:14	4:42	
14	Wed	3:38	2.8	3:42	2.5	10:13	0.2	10:27	0.0	7:13	4:43	
15	Thu	4:32	2.9	4:43	2.3	11:15	0.1	11:20	0.0	7:13	4:44	
16	Fri	5:32	3.1	5:53	2.2			12:17	0.0	7:12	4:45	
17	Sat	6:32	3.3	6:57	2.2	12:16	0.0	1:18	-0.2	7:12	4:46	
18	Sun	7:29	3.5	7:54	2.3	1:14	-0.1	2:16	-0.4	7:11	4:47	
19	Mon	8:23	3.6	8:47	2.4	2:12	-0.2	3:13	-0.5	7:11	4:49	
20	Tue	9:16	3.7	9:40	2.6	3:10	-0.3	4:06	-0.6	7:10	4:50	
21	Wed	10:09	3.7	10:32	2.7	4:06	-0.4	4:55	-0.7	7:10	4:51	
22	Thu	11:00	3.6	11:24	2.7	4:58	-0.5	5:43	-0.7	7:09	4:52	
23	Fri	11:50	3.5			5:50	-0.4	6:30	-0.6	7:08	4:53	
24	Sat	12:16	2.8	12:39	3.3	6:42	-0.3	7:19	-0.4	7:08	4:55	
25	Sun	1:09	2.8	1:30	3.0	7:37	-0.2	8:08	-0.3	7:07	4:56	
26	Mon	2:04	2.8	2:21	2.7	8:35	0.0	8:57	-0.1	7:06	4:57	
27	Tue	2:57	2.8	3:12	2.4	9:34	0.1	9:45	0.1	7:05	4:58	
28	Wed	3:50	2.8	4:06	2.2	10:33	0.2	10:35	0.3	7:04	4:59	
29	Thu	4:47	2.7	5:07	2.0	11:33	0.3	11:27	0.5	7:03	5:01	
30	Fri	5:47	2.7	6:10	1.9			12:31	0.3	7:03	5:02	
31	Sat	6:45	2.7	7:06	1.9	12:21	0.5	1:24	0.2	7:02	5:03	