US HARBORS www.USHarbors.com

Essex, CT - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:06	2.7	7:25	2.2	12:37	0.7	1:31	0.4	6:22	5:40	
2	Tue	7:56	2.8	8:11	2.3	1:30	0.6	2:19	0.3	6:21	5:41	
3	Wed	8:41	2.9	8:54	2.5	2:18	0.4	3:02	0.1	6:19	5:42	
4	Thu	9:22	3.0	9:35	2.7	3:03	0.2	3:43	0.0	6:18	5:44	
5	Fri	10:00	3.1	10:15	2.8	3:47	0.0	4:22	-0.1	6:16	5:45	
6	Sat	10:37	3.2	10:53	3.0	4:29	-0.1	4:59	-0.3	6:14	5:46	
7	Sun	11:13	3.2	11:31	3.2	5:12	-0.3	5:36	-0.3	6:13	5:47	
8	Mon	11:50	3.1			5:56	-0.3	6:15	-0.3	6:11	5:48	
9	Tue	12:11	3.3	12:31	2.9	6:44	-0.3	6:57	-0.2	6:10	5:49	
10	Wed	12:55	3.4	1:18	2.8	7:37	-0.3	7:45	-0.1	6:08	5:50	
11	Thu	1:44	3.4	2:09	2.6	8:35	-0.2	8:38	0.1	6:06	5:52	
12	Fri	2:37	3.4	3:06	2.4	9:34	-0.1	9:37	0.2	6:05	5:53	
13	Sat	3:37	3.3	4:09	2.3	10:36	0.0	10:41	0.3	6:03	5:54	
14	Sun	4:47	3.2	5:22	2.3	11:41	0.0	11:49	0.3	6:01	5:55	
15	Mon	6:02	3.1	6:34	2.4			12:43	0.0	6:00	5:56	
16	Tue	7:09	3.2	7:34	2.6	12:55	0.2	1:43	0.0	5:58	5:57	
17	Wed	8:05	3.2	8:27	2.8	1:57	0.1	2:38	-0.1	5:56	5:58	
18	Thu	8:56	3.2	9:16	3.0	2:55	-0.1	3:29	-0.1	5:55	5:59	
19	Fri	9:42	3.2	10:02	3.1	3:48	-0.2	4:14	-0.2	5:53	6:00	
20	Sat	10:25	3.2	10:45	3.3	4:37	-0.3	4:56	-0.2	5:51	6:01	
21	Sun	11:07	3.1	11:27	3.3	5:22	-0.3	5:34	-0.1	5:50	6:03	
22	Mon	11:49	2.9			6:05	-0.2	6:12	0.1	5:48	6:04	
23	Tue	12:09	3.3	12:34	2.8	6:50	-0.1	6:50	0.3	5:46	6:05	
24	Wed	12:53	3.3	1:21	2.6	7:36	0.0	7:31	0.5	5:44	6:06	
25	Thu	1:39	3.2	2:10	2.5	8:25	0.2	8:17	0.7	5:43	6:07	
26	Fri	2:28	3.0	3:01	2.4	9:15	0.3	9:07	0.9	5:41	6:08	
27	Sat	3:21	2.8	3:55	2.3	10:07	0.4	10:02	0.9	5:39	6:09	
28	Sun	4:20	2.7	4:55	2.3	11:01	0.5	11:00	1.0	5:38	6:10	
29	Mon	5:26	2.7	5:57	2.3	11:55	0.6	11:59	0.9	5:36	6:11	
30	Tue	6:29	2.7	6:52	2.4			12:47	0.5	5:34	6:12	
31	Wed	7:21	2.8	7:39	2.6	12:54	0.7	1:35	0.5	5:33	6:13	