US HARBORS www.USHarbors.com

Essex, CT - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:06	2.6	6:36	2.1			12:34	0.5	6:22	5:40	
2	Sun	7:04	2.7	7:27	2.2	12:36	0.6	1:25	0.4	6:21	5:41	
3	Mon	7:52	2.8	8:12	2.4	1:28	0.5	2:12	0.3	6:19	5:42	
4	Tue	8:35	3.0	8:54	2.6	2:17	0.3	2:56	0.1	6:18	5:44	
5	Wed	9:15	3.1	9:34	2.8	3:04	0.1	3:37	-0.1	6:16	5:45	
6	Thu	9:54	3.2	10:13	3.0	3:50	-0.1	4:16	-0.2	6:14	5:46	
7	Fri	10:32	3.2	10:52	3.3	4:35	-0.3	4:55	-0.3	6:13	5:47	
8	Sat	11:11	3.2	11:32	3.4	5:20	-0.5	5:34	-0.4	6:11	5:48	
9	Sun			12:53	3.1	7:08	-0.5	7:15	-0.3	7:10	6:49	
10	Mon	1:15	3.5	1:39	2.9	7:59	-0.5	8:01	-0.2	7:08	6:50	
11	Tue	2:04	3.6	2:30	2.7	8:54	-0.4	8:53	-0.1	7:06	6:52	
12	Wed	2:58	3.5	3:25	2.6	9:53	-0.3	9:52	0.1	7:05	6:53	
13	Thu	3:58	3.4	4:25	2.4	10:54	-0.1	10:56	0.2	7:03	6:54	
14	Fri	5:04	3.2	5:32	2.4	11:57	0.0			7:01	6:55	
15	Sat	6:19	3.1	6:45	2.4	12:03	0.3	1:01	0.1	7:00	6:56	
16	Sun	7:32	3.0	7:53	2.5	1:12	0.3	2:02	0.1	6:58	6:57	
17	Mon	8:34	3.0	8:50	2.7	2:17	0.2	2:59	0.0	6:56	6:58	
18	Tue	9:25	3.1	9:39	2.9	3:17	0.1	3:51	0.0	6:55	6:59	
19	Wed	10:11	3.1	10:25	3.1	4:13	0.0	4:38	-0.1	6:53	7:00	
20	Thu	10:53	3.0	11:08	3.2	5:02	-0.1	5:20	-0.1	6:51	7:02	
21	Fri	11:34	2.9	11:48	3.3	5:47	-0.2	5:59	0.0	6:49	7:03	
22	Sat			12:14	2.9	6:28	-0.2	6:35	0.1	6:48	7:04	
23	Sun	12:28	3.4	12:55	2.8	7:09	-0.1	7:11	0.3	6:46	7:05	
24	Mon	1:09	3.3	1:39	2.6	7:50	0.0	7:49	0.4	6:44	7:06	
25	Tue	1:52	3.2	2:26	2.5	8:34	0.1	8:30	0.6	6:43	7:07	
26	Wed	2:38	3.1	3:15	2.4	9:21	0.3	9:17	0.8	6:41	7:08	
27	Thu	3:28	3.0	4:06	2.4	10:10	0.4	10:09	0.9	6:39	7:09	
28	Fri	4:21	2.8	4:59	2.3	11:01	0.5	11:04	0.9	6:38	7:10	
29	Sat	5:20	2.7	5:59	2.3	11:55	0.6			6:36	7:11	
30	Sun	6:24	2.7	6:59	2.3	12:02	0.9	12:49	0.6	6:34	7:12	
31	Mon	7:23	2.8	7:52	2.5	12:59	0.8	1:40	0.5	6:33	7:13	