US HARBORS www.USHarbors.com

Essex, CT - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:03	2.5	2:03	2.7	8:08	0.4	8:35	0.1	7:15	4:31	
2	Fri	2:46	2.6	2:43	2.6	9:02	0.4	9:19	0.1	7:15	4:31	
3	Sat	3:29	2.7	3:28	2.4	9:58	0.4	10:04	0.2	7:15	4:32	
4	Sun	4:16	2.8	4:22	2.3	10:56	0.3	10:53	0.2	7:15	4:33	
5	Mon	5:11	2.9	5:27	2.2	11:56	0.1	11:46	0.2	7:15	4:34	
6	Tue	6:11	3.1	6:31	2.2			12:55	0.0	7:15	4:35	
7	Wed	7:07	3.3	7:28	2.3	12:43	0.1	1:53	-0.2	7:15	4:36	
8	Thu	8:00	3.6	8:21	2.4	1:41	0.0	2:48	-0.4	7:15	4:37	
9	Fri	8:53	3.7	9:14	2.6	2:40	-0.2	3:42	-0.6	7:14	4:38	
10	Sat	9:46	3.8	10:07	2.8	3:37	-0.4	4:33	-0.7	7:14	4:39	
11	Sun	10:38	3.8	11:00	2.9	4:32	-0.5	5:22	-0.8	7:14	4:40	
12	Mon	11:30	3.7	11:53	3.0	5:26	-0.6	6:10	-0.8	7:14	4:41	
13	Tue			12:21	3.5	6:20	-0.5	7:00	-0.7	7:13	4:43	
14	Wed	12:49	3.0	1:13	3.2	7:17	-0.4	7:51	-0.5	7:13	4:44	
15	Thu	1:45	3.1	2:07	2.9	8:17	-0.2	8:43	-0.3	7:12	4:45	
16	Fri	2:42	3.0	3:01	2.6	9:19	0.0	9:35	-0.1	7:12	4:46	
17	Sat	3:38	3.0	3:58	2.3	10:21	0.1	10:29	0.1	7:11	4:47	
18	Sun	4:36	2.9	4:59	2.1	11:24	0.2	11:25	0.2	7:11	4:48	
19	Mon	5:38	2.9	6:05	2.0			12:25	0.2	7:10	4:49	
20	Tue	6:37	2.8	7:03	2.0	12:22	0.4	1:21	0.2	7:10	4:51	
21	Wed	7:30	2.9	7:53	2.1	1:17	0.4	2:12	0.2	7:09	4:52	
22	Thu	8:18	2.9	8:38	2.2	2:09	0.4	2:59	0.1	7:08	4:53	
23	Fri	9:02	2.9	9:21	2.3	2:56	0.3	3:40	0.1	7:08	4:54	
24	Sat	9:44	3.0	10:03	2.4	3:38	0.2	4:17	0.0	7:07	4:55	
25	Sun	10:24	3.0	10:44	2.5	4:17	0.1	4:52	-0.1	7:06	4:57	
26	Mon	11:02	3.0	11:24	2.6	4:54	0.0	5:26	-0.2	7:05	4:58	
27	Tue	11:38	3.0			5:32	0.0	6:01	-0.2	7:05	4:59	
28	Wed	12:04	2.6	12:14	2.9	6:11	0.0	6:36	-0.2	7:04	5:00	
29	Thu	12:43	2.7	12:50	2.8	6:54	0.0	7:15	-0.2	7:03	5:02	
30	Fri	1:23	2.7	1:28	2.6	7:43	0.1	7:56	-0.1	7:02	5:03	
31	Sat	2:03	2.8	2:09	2.5	8:36	0.1	8:40	0.0	7:01	5:04	