US HARBORS www.USHarbors.com

Essex, CT - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:23	3.1	1:46	2.5	8:13	-0.1	8:09	0.1	6:23	5:40	
2	Mon	2:10	3.1	2:36	2.4	9:09	-0.1	9:03	0.2	6:21	5:41	
3	Tue	3:04	3.1	3:32	2.3	10:08	0.0	10:03	0.3	6:20	5:42	
4	Wed	4:09	3.0	4:38	2.2	11:10	0.0	11:09	0.3	6:18	5:43	
5	Thu	5:24	3.0	5:52	2.3			12:13	0.0	6:16	5:44	
6	Fri	6:36	3.1	6:58	2.5	12:16	0.2	1:13	-0.1	6:15	5:46	
7	Sat	7:36	3.2	7:55	2.7	1:20	0.0	2:09	-0.2	6:13	5:47	
8	Sun	9:29	3.3	9:47	3.0	3:21	-0.2	4:02	-0.3	7:12	6:48	
9	Mon	10:19	3.3	10:37	3.2	4:19	-0.3	4:51	-0.4	7:10	6:49	
10	Tue	11:06	3.3	11:24	3.4	5:12	-0.5	5:37	-0.5	7:08	6:50	
11	Wed	11:52	3.2			6:02	-0.5	6:20	-0.4	7:07	6:51	
12	Thu	12:11	3.5	12:37	3.0	6:49	-0.5	7:02	-0.3	7:05	6:52	
13	Fri	12:56	3.5	1:23	2.9	7:37	-0.4	7:46	-0.1	7:03	6:54	
14	Sat	1:43	3.4	2:12	2.7	8:27	-0.2	8:33	0.2	7:02	6:55	
15	Sun	2:32	3.3	3:03	2.5	9:19	0.0	9:23	0.4	7:00	6:56	
16	Mon	3:23	3.1	3:55	2.4	10:12	0.2	10:17	0.6	6:58	6:57	
17	Tue	4:18	2.9	4:50	2.3	11:06	0.3	11:14	0.7	6:57	6:58	
18	Wed	5:17	2.7	5:50	2.2			12:02	0.5	6:55	6:59	
19	Thu	6:22	2.7	6:53	2.3	12:13	0.8	12:58	0.6	6:53	7:00	
20	Fri	7:25	2.7	7:50	2.4	1:12	0.7	1:50	0.6	6:52	7:01	
21	Sat	8:19	2.7	8:39	2.6	2:05	0.6	2:37	0.5	6:50	7:02	
22	Sun	9:04	2.8	9:23	2.7	2:54	0.5	3:20	0.4	6:48	7:03	
23	Mon	9:46	2.9	10:04	2.9	3:39	0.3	4:00	0.3	6:47	7:05	
24	Tue	10:25	2.9	10:42	3.1	4:23	0.2	4:37	0.2	6:45	7:06	
25	Wed	11:02	3.0	11:19	3.3	5:05	0.0	5:14	0.1	6:43	7:07	
26	Thu	11:39	3.0	11:55	3.5	5:46	-0.2	5:51	0.0	6:41	7:08	
27	Fri			12:17	2.9	6:28	-0.3	6:28	0.0	6:40	7:09	
28	Sat	12:31	3.5	12:56	2.9	7:12	-0.3	7:09	0.1	6:38	7:10	
29	Sun	1:10	3.6	1:40	2.8	8:01	-0.3	7:54	0.2	6:36	7:11	
30	Mon	1:56	3.5	2:29	2.7	8:54	-0.2	8:48	0.3	6:35	7:12	
31	Tue	2:49	3.5	3:24	2.6	9:51	-0.1	9:48	0.4	6:33	7:13	