US HARBORS www.USHarbors.com

Essex, CT - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:54	3.8	11:18	2.9	4:47	-0.4	5:39	-0.7	7:15	4:30	
2	Sat	11:44	3.8			5:40	-0.5	6:28	-0.7	7:15	4:31	
3	Sun	12:11	3.0	12:36	3.6	6:35	-0.4	7:18	-0.7	7:15	4:32	
4	Mon	1:08	3.1	1:31	3.3	7:34	-0.3	8:11	-0.6	7:15	4:33	
5	Tue	2:07	3.1	2:27	3.0	8:37	-0.2	9:05	-0.4	7:15	4:34	
6	Wed	3:06	3.2	3:24	2.7	9:42	-0.1	10:00	-0.3	7:15	4:35	
7	Thu	4:06	3.2	4:25	2.4	10:46	0.0	10:57	-0.1	7:15	4:36	
8	Fri	5:09	3.1	5:32	2.2	11:51	0.0	11:56	0.0	7:15	4:37	
9	Sat	6:13	3.1	6:37	2.1			12:53	0.0	7:15	4:38	
10	Sun	7:11	3.1	7:34	2.2	12:55	0.1	1:51	0.0	7:14	4:39	
11	Mon	8:01	3.1	8:23	2.2	1:51	0.1	2:44	0.0	7:14	4:40	
12	Tue	8:48	3.1	9:07	2.3	2:44	0.1	3:32	-0.1	7:14	4:41	
13	Wed	9:31	3.1	9:50	2.4	3:32	0.1	4:14	-0.1	7:13	4:42	
14	Thu	10:13	3.1	10:32	2.5	4:16	0.1	4:52	-0.1	7:13	4:43	
15	Fri	10:53	3.1	11:14	2.5	4:55	0.1	5:28	-0.1	7:13	4:44	
16	Sat	11:32	3.0	11:57	2.6	5:32	0.1	6:02	-0.1	7:12	4:46	
17	Sun			12:12	2.9	6:10	0.1	6:38	-0.1	7:12	4:47	
18	Mon	12:40	2.6	12:52	2.8	6:50	0.2	7:15	0.0	7:11	4:48	
19	Tue	1:25	2.6	1:34	2.6	7:35	0.2	7:53	0.1	7:10	4:49	
20	Wed	2:09	2.6	2:16	2.5	8:24	0.3	8:34	0.1	7:10	4:50	
21	Thu	2:52	2.6	2:59	2.3	9:16	0.3	9:16	0.2	7:09	4:52	
22	Fri	3:36	2.6	3:45	2.2	10:09	0.3	10:02	0.3	7:09	4:53	
23	Sat	4:25	2.7	4:40	2.0	11:06	0.3	10:53	0.3	7:08	4:54	
24	Sun	5:22	2.8	5:44	2.0			12:04	0.2	7:07	4:55	
25	Mon	6:23	2.9	6:44	2.1			1:01	0.0	7:06	4:56	
26	Tue	7:17	3.1	7:37	2.2	12:49	0.2	1:56	-0.2	7:06	4:58	
27	Wed	8:08	3.3	8:27	2.4	1:47	0.0	2:50	-0.4	7:05	4:59	
28	Thu	8:58	3.5	9:17	2.7	2:44	-0.3	3:41	-0.6	7:04	5:00	
29	Fri	9:48	3.7	10:08	2.9	3:40	-0.5	4:30	-0.7	7:03	5:01	
30	Sat	10:37	3.7	10:59	3.1	4:34	-0.7	5:16	-0.9	7:02	5:03	
31	Sun	11:26	3.6	11:51	3.3	5:27	-0.8	6:03	-0.9	7:01	5:04	