US HARBORS www.USHarbors.com

Essex, CT - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:06	3.4	11:28	3.6	5:14	-0.8	5:37	-0.7	6:23	5:40	
2	Tue	11:55	3.2			6:06	-0.8	6:23	-0.6	6:22	5:41	
3	Wed	12:19	3.7	12:46	3.0	6:59	-0.6	7:13	-0.4	6:20	5:42	
4	Thu	1:12	3.6	1:40	2.8	7:56	-0.4	8:06	-0.1	6:18	5:43	
5	Fri	2:07	3.4	2:35	2.5	8:54	-0.2	9:03	0.1	6:17	5:44	
6	Sat	3:04	3.2	3:32	2.4	9:54	0.0	10:03	0.3	6:15	5:45	
7	Sun	4:04	3.0	4:34	2.2	10:54	0.2	11:06	0.4	6:14	5:46	
8	Mon	5:11	2.8	5:41	2.2	11:55	0.3			6:12	5:48	
9	Tue	6:19	2.7	6:43	2.3	12:10	0.5	12:53	0.4	6:10	5:49	
10	Wed	7:16	2.7	7:35	2.4	1:09	0.4	1:45	0.4	6:09	5:50	
11	Thu	8:04	2.8	8:20	2.6	2:02	0.4	2:31	0.3	6:07	5:51	
12	Fri	8:46	2.8	9:02	2.8	2:49	0.3	3:12	0.3	6:05	5:52	
13	Sat	9:26	2.8	9:43	2.9	3:31	0.2	3:48	0.2	6:04	5:53	
14	Sun	11:04	2.9	11:22	3.1	5:10	0.1	5:22	0.1	7:02	6:54	
15	Mon	11:42	2.9			5:47	0.0	5:54	0.1	7:00	6:55	
16	Tue	12:00	3.1	12:19	2.8	6:23	-0.1	6:27	0.1	6:59	6:57	
17	Wed	12:36	3.2	12:56	2.8	7:01	-0.1	7:01	0.2	6:57	6:58	
18	Thu	1:11	3.2	1:34	2.7	7:42	-0.1	7:38	0.3	6:55	6:59	
19	Fri	1:47	3.2	2:15	2.6	8:28	0.0	8:20	0.4	6:54	7:00	
20	Sat	2:25	3.1	2:58	2.5	9:19	0.1	9:09	0.5	6:52	7:01	
21	Sun	3:10	3.1	3:46	2.4	10:12	0.1	10:05	0.5	6:50	7:02	
22	Mon	4:04	3.0	4:40	2.4	11:09	0.2	11:06	0.5	6:49	7:03	
23	Tue	5:08	3.0	5:45	2.4			12:08	0.2	6:47	7:04	
24	Wed	6:22	3.0	6:54	2.5	12:10	0.4	1:07	0.1	6:45	7:05	
25	Thu	7:30	3.1	7:55	2.8	1:16	0.3	2:04	0.0	6:44	7:06	
26	Fri	8:27	3.2	8:49	3.1	2:18	0.1	2:58	-0.1	6:42	7:08	
27	Sat	9:19	3.3	9:40	3.4	3:18	-0.1	3:49	-0.3	6:40	7:09	
28	Sun	10:09	3.4	10:29	3.7	4:15	-0.4	4:38	-0.4	6:38	7:10	
29	Mon	10:58	3.3	11:17	3.9	5:09	-0.5	5:26	-0.4	6:37	7:11	
30	Tue	11:46	3.3			6:00	-0.6	6:11	-0.4	6:35	7:12	
31	Wed	12:05	4.0	12:35	3.1	6:50	-0.6	6:58	-0.2	6:33	7:13	