



























Essex, CT - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:48	2.8	4:22	3.3	9:57	0.8	10:54	0.8	5:44	8:06	
2	Mon	4:35	2.7	5:08	3.3	10:40	0.9	11:47	0.8	5:45	8:05	
3	Tue	5:26	2.5	6:00	3.3	11:28	1.0			5:46	8:04	
4	Wed	6:26	2.5	6:58	3.4	12:42	0.7	12:22	1.0	5:47	8:03	
5	Thu	7:25	2.5	7:53	3.6	1:37	0.6	1:20	0.9	5:48	8:02	
6	Fri	8:18	2.7	8:44	3.7	2:31	0.5	2:18	0.7	5:49	8:01	
7	Sat	9:07	2.9	9:32	3.9	3:24	0.3	3:16	0.5	5:50	7:59	
8	Sun	9:55	3.1	10:20	4.0	4:15	0.1	4:13	0.3	5:51	7:58	
9	Mon	10:45	3.4	11:09	4.1	5:03	-0.1	5:08	0.1	5:52	7:57	
10	Tue	11:35	3.6	11:58	4.0	5:50	-0.2	6:02	-0.1	5:53	7:56	
11	Wed			12:26	3.8	6:36	-0.3	6:55	-0.1	5:54	7:54	
12	Thu	12:47	3.9	1:19	4.0	7:22	-0.3	7:51	0.0	5:55	7:53	
13	Fri	1:39	3.7	2:14	4.1	8:12	-0.2	8:51	0.1	5:56	7:51	
14	Sat	2:34	3.4	3:10	4.0	9:05	0.0	9:52	0.2	5:57	7:50	
15	Sun	3:31	3.1	4:08	3.9	10:00	0.2	10:54	0.3	5:58	7:49	
16	Mon	4:30	2.9	5:07	3.8	10:59	0.4	11:56	0.4	5:59	7:47	
17	Tue	5:33	2.7	6:12	3.6			12:00	0.6	6:00	7:46	
18	Wed	6:42	2.7	7:18	3.5	12:59	0.5	1:03	0.7	6:01	7:44	
19	Thu	7:47	2.7	8:16	3.5	1:58	0.6	2:04	0.8	6:02	7:43	
20	Fri	8:41	2.8	9:06	3.5	2:53	0.6	3:01	0.8	6:03	7:41	
21	Sat	9:28	2.9	9:50	3.5	3:44	0.6	3:53	0.7	6:04	7:40	
22	Sun	10:12	3.0	10:31	3.4	4:28	0.5	4:40	0.7	6:05	7:38	
23	Mon	10:53	3.2	11:10	3.4	5:07	0.5	5:21	0.6	6:06	7:37	
24	Tue	11:34	3.3	11:49	3.4	5:42	0.4	5:59	0.6	6:07	7:35	
25	Wed			12:14	3.4	6:15	0.4	6:36	0.6	6:08	7:34	
26	Thu	12:27	3.3	12:54	3.5	6:47	0.5	7:14	0.6	6:09	7:32	
27	Fri	1:06	3.2	1:34	3.5	7:19	0.6	7:55	0.6	6:10	7:31	
28	Sat	1:47	3.1	2:15	3.5	7:54	0.7	8:40	0.7	6:11	7:29	
29	Sun	2:30	3.0	2:56	3.4	8:33	0.8	9:29	0.7	6:12	7:27	
30	Mon	3:14	2.8	3:37	3.4	9:16	0.9	10:21	0.7	6:13	7:26	
31	Tue	4:00	2.7	4:22	3.3	10:05	1.0	11:14	0.7	6:14	7:24	