US HARBORS www.USHarbors.com

Guilford, CT - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:36	5.9	9:14	5.0	2:12	-0.1	3:04	-0.6	7:16	4:32	
2	Fri	9:32	6.0	10:08	5.1	3:09	-0.2	3:59	-0.8	7:16	4:33	
3	Sat	10:26	6.0	11:01	5.2	4:05	-0.4	4:51	-0.8	7:16	4:34	
4	Sun	11:19	5.9	11:53	5.2	4:59	-0.4	5:42	-0.8	7:16	4:34	
5	Mon			12:12	5.8	5:53	-0.4	6:31	-0.7	7:16	4:35	
6	Tue	12:45	5.2	1:03	5.5	6:46	-0.2	7:20	-0.5	7:16	4:36	
7	Wed	1:36	5.2	1:55	5.2	7:39	-0.1	8:08	-0.3	7:16	4:37	
8	Thu	2:27	5.1	2:47	4.9	8:34	0.2	8:57	0.0	7:16	4:38	
9	Fri	3:18	5.1	3:40	4.6	9:29	0.4	9:47	0.3	7:15	4:39	
10	Sat	4:10	5.0	4:35	4.4	10:26	0.5	10:38	0.6	7:15	4:40	
11	Sun	5:03	4.9	5:33	4.2	11:22	0.6	11:31	0.8	7:15	4:42	
12	Mon	5:57	4.8	6:31	4.1			12:18	0.6	7:15	4:43	
13	Tue	6:51	4.8	7:27	4.2	12:25	0.8	1:12	0.5	7:14	4:44	
14	Wed	7:43	4.9	8:17	4.3	1:17	0.8	2:02	0.4	7:14	4:45	
15	Thu	8:31	5.0	9:03	4.4	2:07	0.7	2:48	0.2	7:13	4:46	
16	Fri	9:15	5.1	9:45	4.6	2:53	0.6	3:31	0.1	7:13	4:47	
17	Sat	9:56	5.2	10:25	4.7	3:36	0.4	4:11	-0.1	7:12	4:48	
18	Sun	10:36	5.3	11:03	4.8	4:18	0.2	4:50	-0.2	7:12	4:49	
19	Mon	11:14	5.3	11:41	4.9	4:57	0.1	5:28	-0.3	7:11	4:51	
20	Tue	11:53	5.3			5:37	0.0	6:05	-0.4	7:11	4:52	
21	Wed	12:19	5.0	12:33	5.3	6:18	0.0	6:43	-0.4	7:10	4:53	
22	Thu	12:59	5.1	1:15	5.2	7:01	-0.1	7:22	-0.3	7:09	4:54	
23	Fri	1:41	5.2	2:01	5.1	7:48	-0.1	8:05	-0.2	7:09	4:55	
24	Sat	2:26	5.3	2:50	4.9	8:39	0.0	8:53	-0.1	7:08	4:57	
25	Sun	3:15	5.3	3:45	4.7	9:36	0.1	9:46	0.1	7:07	4:58	
26	Mon	4:11	5.3	4:46	4.5	10:38	0.1	10:47	0.3	7:06	4:59	
27	Tue	5:12	5.2	5:53	4.4	11:44	0.1	11:52	0.3	7:06	5:00	
28	Wed	6:19	5.3	7:00	4.4			12:50	0.0	7:05	5:02	
29	Thu	7:25	5.4	8:04	4.6	12:58	0.2	1:54	-0.2	7:04	5:03	
30	Fri	8:27	5.5	9:03	4.8	2:01	0.0	2:53	-0.4	7:03	5:04	
31	Sat	9:24	5.7	9:57	5.1	3:01	-0.2	3:47	-0.6	7:02	5:05	