US HARBORS www.USHarbors.com

Guilford, CT - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:03	5.8	8:38	5.0	1:39	-0.1	2:27	-0.6	7:16	4:32	
2	Wed	8:59	6.0	9:33	5.2	2:37	-0.3	3:22	-0.8	7:16	4:33	
3	Thu	9:53	6.0	10:25	5.3	3:33	-0.5	4:15	-0.9	7:16	4:34	
4	Fri	10:44	6.0	11:16	5.4	4:26	-0.5	5:04	-0.9	7:16	4:35	
5	Sat	11:35	5.9			5:18	-0.5	5:52	-0.8	7:16	4:35	
6	Sun	12:06	5.4	12:24	5.7	6:08	-0.4	6:39	-0.7	7:16	4:36	
7	Mon	12:55	5.3	1:13	5.4	6:59	-0.2	7:25	-0.4	7:16	4:37	
8	Tue	1:43	5.2	2:02	5.1	7:49	0.0	8:11	-0.1	7:16	4:38	
9	Wed	2:32	5.1	2:52	4.8	8:41	0.2	8:58	0.2	7:15	4:39	
10	Thu	3:21	5.0	3:44	4.6	9:34	0.4	9:47	0.4	7:15	4:40	
11	Fri	4:11	4.9	4:38	4.4	10:29	0.6	10:39	0.6	7:15	4:42	
12	Sat	5:04	4.8	5:35	4.2	11:24	0.6	11:32	0.8	7:14	4:43	
13	Sun	5:59	4.7	6:32	4.2			12:20	0.6	7:14	4:44	
14	Mon	6:53	4.8	7:27	4.3	12:26	0.8	1:13	0.5	7:14	4:45	
15	Tue	7:45	4.9	8:17	4.4	1:18	0.7	2:02	0.3	7:13	4:46	
16	Wed	8:32	5.0	9:02	4.6	2:07	0.5	2:49	0.1	7:13	4:47	
17	Thu	9:16	5.2	9:44	4.7	2:53	0.3	3:32	-0.1	7:12	4:48	
18	Fri	9:57	5.3	10:24	4.9	3:37	0.1	4:12	-0.3	7:12	4:49	
19	Sat	10:36	5.4	11:04	5.0	4:19	-0.1	4:51	-0.4	7:11	4:51	
20	Sun	11:16	5.5	11:43	5.2	5:01	-0.2	5:30	-0.5	7:11	4:52	
21	Mon	11:57	5.5			5:43	-0.3	6:10	-0.6	7:10	4:53	
22	Tue	12:24	5.3	12:40	5.4	6:26	-0.4	6:51	-0.6	7:09	4:54	
23	Wed	1:07	5.4	1:26	5.3	7:13	-0.4	7:34	-0.5	7:09	4:55	
24	Thu	1:53	5.5	2:15	5.2	8:03	-0.3	8:22	-0.4	7:08	4:57	
25	Fri	2:43	5.5	3:09	5.0	8:58	-0.2	9:15	-0.2	7:07	4:58	
26	Sat	3:38	5.4	4:08	4.7	9:59	-0.1	10:14	0.0	7:06	4:59	
27	Sun	4:37	5.3	5:12	4.6	11:03	0.0	11:18	0.1	7:06	5:00	
28	Mon	5:42	5.3	6:19	4.6			12:09	0.0	7:05	5:02	
29	Tue	6:48	5.4	7:25	4.7	12:23	0.1	1:14	-0.2	7:04	5:03	
30	Wed	7:51	5.5	8:26	4.9	1:27	0.0	2:14	-0.4	7:03	5:04	
31	Thu	8:49	5.6	9:21	5.1	2:28	-0.2	3:09	-0.6	7:02	5:05	