

































## Darien (Long Neck Point), CT - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:30	7.6	10:03	7.5	3:25	0.0	3:55	-0.5	6:27	5:44	
2	Mon	10:21	7.7	10:49	7.8	4:19	-0.3	4:43	-0.7	6:25	5:45	
3	Tue	11:07	7.7	11:31	7.9	5:07	-0.5	5:27	-0.7	6:24	5:47	
4	Wed	11:50	7.6			5:52	-0.5	6:08	-0.6	6:22	5:48	
5	Thu	12:11	7.9	12:31	7.3	6:34	-0.5	6:47	-0.3	6:21	5:49	
6	Fri	12:51	7.7	1:12	7.0	7:16	-0.2	7:25	0.0	6:19	5:50	
7	Sat	1:30	7.5	1:52	6.7	7:56	0.1	8:03	0.4	6:18	5:51	
8	Sun	3:09	7.2	3:33	6.3	9:39	0.4	9:43	0.9	7:16	6:52	
9	Mon	3:49	6.9	4:16	6.0	10:24	0.8	10:27	1.2	7:14	6:53	
10	Tue	4:33	6.6	5:04	5.7	11:16	1.1	11:20	1.6	7:13	6:55	
11	Wed	5:22	6.3	5:59	5.5			12:15	1.3	7:11	6:56	
12	Thu	6:19	6.2	7:04	5.5	12:22	1.7	1:15	1.3	7:09	6:57	
13	Fri	7:22	6.2	8:08	5.7	1:26	1.7	2:11	1.2	7:08	6:58	
14	Sat	8:23	6.3	9:02	6.1	2:24	1.5	3:01	0.9	7:06	6:59	
15	Sun	9:17	6.6	9:49	6.6	3:18	1.2	3:47	0.6	7:04	7:00	
16	Mon	10:05	6.9	10:32	7.1	4:07	0.7	4:30	0.3	7:03	7:01	
17	Tue	10:49	7.2	11:12	7.6	4:53	0.3	5:10	0.0	7:01	7:02	
18	Wed	11:32	7.5	11:52	8.1	5:37	-0.2	5:50	-0.3	7:00	7:03	
19	Thu			12:15	7.6	6:19	-0.5	6:30	-0.4	6:58	7:04	
20	Fri	12:34	8.4	12:59	7.7	7:01	-0.7	7:11	-0.5	6:56	7:05	
21	Sat	1:18	8.5	1:45	7.6	7:46	-0.8	7:55	-0.4	6:54	7:07	
22	Sun	2:05	8.5	2:34	7.4	8:33	-0.7	8:43	-0.2	6:53	7:08	
23	Mon	2:55	8.3	3:27	7.1	9:25	-0.4	9:36	0.2	6:51	7:09	
24	Tue	3:49	7.9	4:24	6.9	10:23	-0.1	10:38	0.5	6:49	7:10	
25	Wed	4:48	7.6	5:28	6.6	11:29	0.2	11:50	0.8	6:48	7:11	
26	Thu	5:54	7.2	6:41	6.5			12:40	0.4	6:46	7:12	
27	Fri	7:08	7.0	7:55	6.7	1:05	0.8	1:47	0.4	6:44	7:13	
28	Sat	8:20	7.0	9:00	7.0	2:15	0.7	2:47	0.2	6:43	7:14	
29	Sun	9:23	7.1	9:54	7.4	3:17	0.4	3:42	0.1	6:41	7:15	
30	Mon	10:17	7.3	10:42	7.7	4:12	0.1	4:33	-0.1	6:39	7:16	
31	Tue	11:04	7.4	11:24	7.9	5:03	-0.1	5:19	-0.1	6:38	7:17	