

































Darien (Long Neck Point), CT - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:13	6.7	6:58	5.9	12:06	0.9	12:52	0.6	6:27	5:44	
2	Fri	7:20	6.6	8:01	6.1	1:10	1.0	1:50	0.6	6:25	5:46	
3	Sat	8:18	6.6	8:53	6.3	2:08	1.0	2:43	0.5	6:24	5:47	
4	Sun	9:07	6.7	9:37	6.6	3:01	0.8	3:29	0.4	6:22	5:48	
5	Mon	9:50	6.8	10:15	6.8	3:49	0.6	4:11	0.3	6:21	5:49	
6	Tue	10:27	6.9	10:49	7.0	4:31	0.4	4:48	0.2	6:19	5:50	
7	Wed	11:02	6.9	11:20	7.2	5:09	0.3	5:22	0.1	6:17	5:51	
8	Thu	11:35	6.9	11:52	7.3	5:44	0.2	5:54	0.2	6:16	5:52	
9	Fri			12:09	6.9	6:18	0.1	6:25	0.3	6:14	5:54	
10	Sat	12:25	7.3	12:45	6.7	6:52	0.2	6:56	0.5	6:12	5:55	
11	Sun	1:00	7.3	2:22	6.6	8:26	0.3	8:29	0.6	7:11	6:56	
12	Mon	2:38	7.2	3:02	6.4	9:04	0.5	9:05	0.9	7:09	6:57	
13	Tue	3:19	7.1	3:46	6.2	9:46	0.7	9:48	1.0	7:08	6:58	
14	Wed	4:05	7.0	4:35	6.1	10:35	0.8	10:41	1.2	7:06	6:59	
15	Thu	4:56	6.9	5:32	6.0	11:33	0.9	11:45	1.2	7:04	7:00	
16	Fri	5:55	6.8	6:36	6.2			12:39	0.8	7:03	7:01	
17	Sat	7:02	6.9	7:44	6.5	12:56	1.1	1:42	0.5	7:01	7:02	
18	Sun	8:10	7.1	8:48	7.1	2:05	0.7	2:42	0.2	6:59	7:03	
19	Mon	9:13	7.5	9:46	7.8	3:09	0.2	3:38	-0.3	6:58	7:05	
20	Tue	10:11	7.9	10:39	8.4	4:08	-0.4	4:32	-0.7	6:56	7:06	
21	Wed	11:04	8.2	11:29	8.8	5:04	-0.9	5:23	-1.0	6:54	7:07	
22	Thu	11:55	8.3			5:56	-1.3	6:12	-1.2	6:53	7:08	
23	Fri	12:18	9.1	12:45	8.3	6:46	-1.4	7:00	-1.1	6:51	7:09	
24	Sat	1:07	9.1	1:36	8.1	7:36	-1.4	7:49	-0.9	6:49	7:10	
25	Sun	1:57	8.8	2:28	7.8	8:26	-1.1	8:39	-0.5	6:48	7:11	
26	Mon	2:48	8.4	3:21	7.3	9:19	-0.6	9:33	0.1	6:46	7:12	
27	Tue	3:41	7.9	4:16	6.9	10:15	-0.1	10:31	0.6	6:44	7:13	
28	Wed	4:37	7.3	5:16	6.5	11:15	0.4	11:36	1.0	6:43	7:14	
29	Thu	5:37	6.8	6:21	6.2			12:19	0.7	6:41	7:15	
30	Fri	6:43	6.5	7:29	6.2	12:44	1.3	1:21	0.9	6:39	7:16	
31	Sat	7:50	6.3	8:29	6.3	1:47	1.3	2:17	0.9	6:38	7:17	