

Milford Harbor, CT - Jan 2054

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 4:48 | 6.5 | 5:14 | 6.0 | 11:12 | 0.0 | 11:34 | -0.1 | 7:17 | 4:34 | 🌓 |
| 2 | Fri | 5:49 | 6.5 | 6:17 | 5.8 | | | 12:14 | 0.1 | 7:17 | 4:35 | 🌓 |
| 3 | Sat | 6:48 | 6.5 | 7:17 | 5.8 | 12:32 | 0.0 | 1:14 | 0.0 | 7:17 | 4:35 | 🌓 |
| 4 | Sun | 7:43 | 6.5 | 8:13 | 5.8 | 1:27 | 0.1 | 2:09 | -0.1 | 7:17 | 4:36 | 🌓 |
| 5 | Mon | 8:33 | 6.6 | 9:02 | 5.9 | 2:19 | 0.1 | 2:59 | -0.2 | 7:17 | 4:37 | 🌑 |
| 6 | Tue | 9:19 | 6.6 | 9:47 | 5.9 | 3:07 | 0.1 | 3:44 | -0.3 | 7:17 | 4:38 | 🌑 |
| 7 | Wed | 10:01 | 6.6 | 10:28 | 6.0 | 3:52 | 0.1 | 4:26 | -0.3 | 7:17 | 4:39 | 🌑 |
| 8 | Thu | 10:41 | 6.6 | 11:08 | 6.0 | 4:33 | 0.1 | 5:04 | -0.3 | 7:17 | 4:40 | 🌑 |
| 9 | Fri | 11:19 | 6.5 | 11:47 | 6.0 | 5:12 | 0.1 | 5:42 | -0.3 | 7:17 | 4:41 | 🌑 |
| 10 | Sat | 11:58 | 6.4 | | | 5:51 | 0.2 | 6:19 | -0.2 | 7:16 | 4:42 | 🌑 |
| 11 | Sun | 12:25 | 6.0 | 12:36 | 6.3 | 6:30 | 0.2 | 6:56 | -0.2 | 7:16 | 4:43 | 🌑 |
| 12 | Mon | 1:04 | 5.9 | 1:16 | 6.2 | 7:09 | 0.3 | 7:33 | -0.1 | 7:16 | 4:44 | 🌑 |
| 13 | Tue | 1:43 | 5.9 | 1:57 | 6.1 | 7:50 | 0.4 | 8:13 | 0.1 | 7:15 | 4:46 | 🌑 |
| 14 | Wed | 2:23 | 5.9 | 2:40 | 5.9 | 8:35 | 0.5 | 8:55 | 0.2 | 7:15 | 4:47 | 🌑 |
| 15 | Thu | 3:06 | 5.9 | 3:26 | 5.7 | 9:23 | 0.5 | 9:40 | 0.3 | 7:15 | 4:48 | 🌑 |
| 16 | Fri | 3:53 | 5.9 | 4:18 | 5.6 | 10:15 | 0.5 | 10:31 | 0.4 | 7:14 | 4:49 | 🌑 |
| 17 | Sat | 4:44 | 6.0 | 5:14 | 5.5 | 11:13 | 0.4 | 11:26 | 0.4 | 7:14 | 4:50 | 🌓 |
| 18 | Sun | 5:40 | 6.1 | 6:14 | 5.6 | | | 12:12 | 0.3 | 7:13 | 4:51 | 🌓 |
| 19 | Mon | 6:38 | 6.4 | 7:14 | 5.7 | 12:23 | 0.2 | 1:12 | 0.0 | 7:13 | 4:52 | 🌓 |
| 20 | Tue | 7:36 | 6.7 | 8:12 | 6.0 | 1:22 | 0.0 | 2:10 | -0.4 | 7:12 | 4:54 | 🌑 |
| 21 | Wed | 8:33 | 7.0 | 9:07 | 6.3 | 2:19 | -0.3 | 3:06 | -0.8 | 7:11 | 4:55 | 🌑 |
| 22 | Thu | 9:27 | 7.3 | 10:00 | 6.6 | 3:15 | -0.6 | 3:59 | -1.1 | 7:11 | 4:56 | 🌑 |
| 23 | Fri | 10:20 | 7.5 | 10:53 | 6.8 | 4:10 | -0.9 | 4:51 | -1.3 | 7:10 | 4:57 | 🌑 |
| 24 | Sat | 11:13 | 7.6 | 11:45 | 7.0 | 5:04 | -1.1 | 5:42 | -1.5 | 7:09 | 4:59 | 🌑 |
| 25 | Sun | | | 12:05 | 7.5 | 5:57 | -1.2 | 6:32 | -1.4 | 7:08 | 5:00 | 🌑 |
| 26 | Mon | 12:37 | 7.0 | 12:59 | 7.3 | 6:51 | -1.1 | 7:23 | -1.2 | 7:08 | 5:01 | 🌑 |
| 27 | Tue | 1:30 | 7.0 | 1:53 | 7.0 | 7:46 | -0.9 | 8:15 | -1.0 | 7:07 | 5:02 | 🌑 |
| 28 | Wed | 2:25 | 6.9 | 2:48 | 6.6 | 8:43 | -0.6 | 9:09 | -0.6 | 7:06 | 5:03 | 🌑 |
| 29 | Thu | 3:20 | 6.7 | 3:45 | 6.2 | 9:42 | -0.3 | 10:05 | -0.3 | 7:05 | 5:05 | 🌑 |
| 30 | Fri | 4:17 | 6.5 | 4:45 | 5.8 | 10:43 | 0.0 | 11:02 | 0.1 | 7:04 | 5:06 | 🌓 |
| 31 | Sat | 5:16 | 6.3 | 5:47 | 5.6 | 11:44 | 0.2 | | | 7:03 | 5:07 | 🌓 |