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# Niantic, CT - Mar 2054

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 3:48 | 2.5 | 4:18 | 1.9 | 10:41 | 0.1 | 10:55 | 0.3 | 6:22 | 5:39 | |
| 2 | Mon | 4:52 | 2.4 | 5:22 | 1.9 | 11:40 | 0.2 | 11:54 | 0.3 | 6:20 | 5:40 | |
| 3 | Tue | 5:54 | 2.4 | 6:19 | 2.0 | | | 12:35 | 0.2 | 6:19 | 5:41 | |
| 4 | Wed | 6:47 | 2.4 | 7:07 | 2.1 | 12:49 | 0.3 | 1:25 | 0.2 | 6:17 | 5:43 | |
| 5 | Thu | 7:33 | 2.4 | 7:52 | 2.2 | 1:38 | 0.2 | 2:10 | 0.1 | 6:15 | 5:44 | |
| 6 | Fri | 8:17 | 2.5 | 8:35 | 2.3 | 2:24 | 0.2 | 2:51 | 0.1 | 6:14 | 5:45 | |
| 7 | Sat | 8:58 | 2.5 | 9:16 | 2.4 | 3:05 | 0.1 | 3:28 | 0.0 | 6:12 | 5:46 | |
| 8 | Sun | 10:37 | 2.6 | 10:56 | 2.5 | 4:43 | 0.0 | 5:03 | 0.0 | 7:11 | 6:47 | |
| 9 | Mon | 11:15 | 2.6 | 11:34 | 2.6 | 5:20 | 0.0 | 5:37 | 0.0 | 7:09 | 6:48 | |
| 10 | Tue | 11:52 | 2.5 | | | 5:57 | -0.1 | 6:12 | 0.0 | 7:07 | 6:49 | |
| 11 | Wed | 12:12 | 2.6 | 12:29 | 2.5 | 6:37 | -0.1 | 6:48 | 0.0 | 7:06 | 6:51 | |
| 12 | Thu | 12:49 | 2.6 | 1:08 | 2.4 | 7:20 | -0.1 | 7:29 | 0.1 | 7:04 | 6:52 | |
| 13 | Fri | 1:28 | 2.6 | 1:49 | 2.3 | 8:09 | 0.0 | 8:14 | 0.1 | 7:02 | 6:53 | |
| 14 | Sat | 2:09 | 2.6 | 2:34 | 2.2 | 9:01 | 0.0 | 9:04 | 0.2 | 7:01 | 6:54 | |
| 15 | Sun | 2:54 | 2.6 | 3:23 | 2.2 | 9:56 | 0.0 | 9:58 | 0.2 | 6:59 | 6:55 | |
| 16 | Mon | 3:48 | 2.6 | 4:20 | 2.1 | 10:54 | 0.0 | 10:58 | 0.2 | 6:57 | 6:56 | |
| 17 | Tue | 4:54 | 2.6 | 5:27 | 2.1 | 11:54 | 0.0 | | | 6:56 | 6:57 | |
| 18 | Wed | 6:05 | 2.6 | 6:34 | 2.2 | 12:01 | 0.2 | 12:53 | 0.0 | 6:54 | 6:58 | |
| 19 | Thu | 7:09 | 2.8 | 7:33 | 2.4 | 1:03 | 0.1 | 1:50 | -0.1 | 6:52 | 6:59 | |
| 20 | Fri | 8:05 | 2.9 | 8:26 | 2.6 | 2:04 | -0.1 | 2:45 | -0.2 | 6:51 | 7:01 | |
| 21 | Sat | 8:57 | 3.0 | 9:17 | 2.9 | 3:02 | -0.2 | 3:38 | -0.3 | 6:49 | 7:02 | |
| 22 | Sun | 9:48 | 3.0 | 10:07 | 3.0 | 3:58 | -0.4 | 4:28 | -0.4 | 6:47 | 7:03 | |
| 23 | Mon | 10:37 | 3.0 | 10:56 | 3.1 | 4:51 | -0.5 | 5:15 | -0.4 | 6:46 | 7:04 | |
| 24 | Tue | 11:25 | 2.9 | 11:45 | 3.2 | 5:41 | -0.5 | 6:01 | -0.3 | 6:44 | 7:05 | |
| 25 | Wed | | | 12:14 | 2.8 | 6:31 | -0.4 | 6:48 | -0.2 | 6:42 | 7:06 | |
| 26 | Thu | 12:35 | 3.1 | 1:04 | 2.6 | 7:23 | -0.3 | 7:37 | 0.0 | 6:40 | 7:07 | |
| 27 | Fri | 1:26 | 3.0 | 1:57 | 2.5 | 8:16 | -0.2 | 8:30 | 0.1 | 6:39 | 7:08 | |
| 28 | Sat | 2:19 | 2.9 | 2:51 | 2.3 | 9:12 | 0.0 | 9:25 | 0.3 | 6:37 | 7:09 | |
| 29 | Sun | 3:14 | 2.7 | 3:46 | 2.2 | 10:07 | 0.1 | 10:22 | 0.4 | 6:35 | 7:10 | |
| 30 | Mon | 4:11 | 2.5 | 4:45 | 2.1 | 11:04 | 0.2 | 11:22 | 0.5 | 6:34 | 7:11 | |
| 31 | Tue | 5:12 | 2.4 | 5:47 | 2.1 | | | 12:00 | 0.3 | 6:32 | 7:12 | |