

































Rowayton, Fivemile River, CT - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:26	7.5	9:54	7.2	3:19	-0.1	3:57	-0.4	6:27	5:44	
2	Mon	10:15	7.6	10:40	7.4	4:12	-0.4	4:43	-0.5	6:25	5:45	
3	Tue	11:01	7.6	11:23	7.6	5:00	-0.5	5:25	-0.5	6:24	5:46	
4	Wed	11:44	7.4			5:45	-0.6	6:05	-0.4	6:22	5:48	
5	Thu	12:05	7.6	12:27	7.2	6:28	-0.5	6:44	-0.2	6:21	5:49	
6	Fri	12:45	7.5	1:09	6.9	7:10	-0.3	7:23	0.1	6:19	5:50	
7	Sat	1:25	7.3	1:52	6.6	7:53	0.0	8:03	0.5	6:17	5:51	
8	Sun	3:07	7.1	3:37	6.3	9:36	0.3	9:46	0.8	7:16	6:52	
9	Mon	3:51	6.8	4:25	6.0	10:23	0.6	10:34	1.1	7:14	6:53	
10	Tue	4:39	6.5	5:16	5.8	11:14	0.9	11:27	1.3	7:13	6:54	
11	Wed	5:33	6.2	6:13	5.7			12:10	1.1	7:11	6:55	
12	Thu	6:33	6.1	7:13	5.7	12:26	1.4	1:09	1.1	7:09	6:57	
13	Fri	7:34	6.2	8:10	5.9	1:26	1.3	2:06	1.0	7:08	6:58	
14	Sat	8:32	6.4	9:02	6.2	2:23	1.1	2:59	0.8	7:06	6:59	
15	Sun	9:22	6.7	9:48	6.6	3:15	0.8	3:46	0.5	7:04	7:00	
16	Mon	10:08	7.0	10:30	7.0	4:04	0.4	4:30	0.2	7:03	7:01	
17	Tue	10:51	7.3	11:10	7.4	4:49	0.0	5:11	-0.1	7:01	7:02	
18	Wed	11:32	7.5	11:50	7.8	5:33	-0.4	5:51	-0.3	6:59	7:03	
19	Thu			12:15	7.6	6:16	-0.7	6:31	-0.4	6:58	7:04	
20	Fri	12:30	8.0	12:59	7.6	7:00	-0.8	7:12	-0.4	6:56	7:05	
21	Sat	1:13	8.2	1:45	7.4	7:46	-0.8	7:56	-0.3	6:54	7:06	
22	Sun	2:00	8.1	2:34	7.2	8:35	-0.6	8:45	-0.1	6:53	7:07	
23	Mon	2:50	7.9	3:27	6.9	9:29	-0.3	9:39	0.2	6:51	7:09	
24	Tue	3:45	7.6	4:26	6.6	10:28	0.0	10:41	0.5	6:49	7:10	
25	Wed	4:47	7.3	5:30	6.4	11:33	0.3	11:49	0.7	6:48	7:11	
26	Thu	5:56	7.0	6:39	6.3			12:41	0.5	6:46	7:12	
27	Fri	7:08	6.9	7:49	6.5	1:00	0.8	1:48	0.5	6:44	7:13	
28	Sat	8:18	7.0	8:52	6.8	2:09	0.6	2:50	0.3	6:43	7:14	
29	Sun	9:19	7.1	9:46	7.2	3:12	0.3	3:45	0.1	6:41	7:15	
30	Mon	10:12	7.3	10:34	7.5	4:08	0.0	4:34	0.0	6:39	7:16	
31	Tue	10:58	7.4	11:17	7.7	4:58	-0.2	5:17	-0.1	6:38	7:17	