

Rowayton, Fivemile River, CT - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:14	6.9	6:45	6.2	12:06	0.5	12:49	0.3	7:18	4:35	
2	Thu	7:09	7.3	7:43	6.4	1:00	0.4	1:46	0.0	7:18	4:36	
3	Fri	8:03	7.6	8:38	6.6	1:54	0.2	2:41	-0.4	7:18	4:37	
4	Sat	8:56	8.0	9:31	6.9	2:49	-0.1	3:35	-0.8	7:18	4:38	
5	Sun	9:48	8.3	10:23	7.1	3:43	-0.4	4:28	-1.1	7:18	4:39	
6	Mon	10:41	8.4	11:15	7.3	4:36	-0.6	5:20	-1.2	7:18	4:40	
7	Tue	11:34	8.4			5:30	-0.7	6:11	-1.3	7:18	4:41	
8	Wed	12:09	7.3	12:28	8.3	6:24	-0.7	7:04	-1.2	7:18	4:42	
9	Thu	1:03	7.4	1:23	8.0	7:20	-0.6	7:56	-1.0	7:18	4:43	
10	Fri	1:58	7.4	2:19	7.6	8:18	-0.5	8:50	-0.8	7:17	4:44	
11	Sat	2:55	7.3	3:17	7.2	9:19	-0.2	9:46	-0.5	7:17	4:45	
12	Sun	3:52	7.2	4:16	6.8	10:21	0.0	10:42	-0.2	7:17	4:46	
13	Mon	4:51	7.1	5:17	6.4	11:23	0.1	11:39	0.1	7:17	4:47	
14	Tue	5:50	7.0	6:19	6.2			12:25	0.2	7:16	4:48	
15	Wed	6:48	7.0	7:19	6.1	12:35	0.3	1:23	0.1	7:16	4:49	
16	Thu	7:42	7.0	8:14	6.2	1:30	0.4	2:18	0.0	7:15	4:51	
17	Fri	8:32	7.1	9:03	6.3	2:22	0.4	3:07	-0.1	7:15	4:52	
18	Sat	9:18	7.1	9:47	6.4	3:10	0.4	3:51	-0.1	7:14	4:53	
19	Sun	10:00	7.1	10:28	6.5	3:54	0.3	4:32	-0.2	7:14	4:54	
20	Mon	10:39	7.1	11:07	6.5	4:36	0.3	5:11	-0.2	7:13	4:55	
21	Tue	11:18	7.1	11:45	6.6	5:15	0.2	5:47	-0.2	7:13	4:56	
22	Wed	11:55	7.1			5:54	0.2	6:24	-0.2	7:12	4:58	
23	Thu	12:23	6.6	12:33	7.0	6:32	0.2	7:00	-0.1	7:11	4:59	
24	Fri	1:01	6.6	1:12	6.9	7:11	0.3	7:37	0.0	7:11	5:00	
25	Sat	1:39	6.6	1:51	6.7	7:51	0.3	8:14	0.1	7:10	5:01	
26	Sun	2:18	6.6	2:34	6.6	8:35	0.4	8:55	0.2	7:09	5:02	
27	Mon	3:00	6.7	3:20	6.4	9:22	0.4	9:40	0.3	7:08	5:04	
28	Tue	3:47	6.7	4:12	6.2	10:16	0.4	10:30	0.4	7:07	5:05	
29	Wed	4:38	6.8	5:10	6.0	11:14	0.4	11:27	0.5	7:06	5:06	
30	Thu	5:36	6.9	6:12	6.0			12:16	0.2	7:05	5:07	
31	Fri	6:37	7.1	7:15	6.2	12:27	0.4	1:18	0.0	7:05	5:09	