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# Saybrook Point, CT - Mar 2023

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 6:18 | 2.9 | 6:37 | 2.3 | | | 12:36 | 0.3 | 6:23 | 5:39 | |
| 2 | Thu | 7:13 | 2.9 | 7:26 | 2.4 | 12:42 | 0.6 | 1:27 | 0.3 | 6:22 | 5:40 | |
| 3 | Fri | 8:01 | 3.0 | 8:10 | 2.6 | 1:34 | 0.5 | 2:12 | 0.3 | 6:20 | 5:42 | |
| 4 | Sat | 8:43 | 3.1 | 8:53 | 2.8 | 2:19 | 0.3 | 2:53 | 0.2 | 6:18 | 5:43 | |
| 5 | Sun | 9:23 | 3.1 | 9:34 | 2.9 | 3:00 | 0.2 | 3:29 | 0.1 | 6:17 | 5:44 | |
| 6 | Mon | 10:00 | 3.2 | 10:13 | 3.1 | 3:37 | 0.1 | 4:02 | 0.0 | 6:15 | 5:45 | |
| 7 | Tue | 10:35 | 3.1 | 10:51 | 3.2 | 4:13 | 0.0 | 4:34 | -0.1 | 6:14 | 5:46 | |
| 8 | Wed | 11:10 | 3.1 | 11:28 | 3.2 | 4:50 | 0.0 | 5:07 | 0.0 | 6:12 | 5:47 | |
| 9 | Thu | 11:46 | 3.0 | | | 5:29 | 0.0 | 5:42 | 0.0 | 6:10 | 5:48 | |
| 10 | Fri | 12:04 | 3.3 | 12:22 | 2.8 | 6:12 | 0.0 | 6:19 | 0.2 | 6:09 | 5:50 | |
| 11 | Sat | 12:40 | 3.3 | 1:01 | 2.7 | 7:00 | 0.0 | 7:01 | 0.3 | 6:07 | 5:51 | |
| 12 | Sun | 1:18 | 3.3 | 2:45 | 2.6 | 8:53 | 0.1 | 8:49 | 0.4 | 7:05 | 6:52 | |
| 13 | Mon | 3:03 | 3.3 | 3:34 | 2.4 | 9:48 | 0.1 | 9:44 | 0.5 | 7:04 | 6:53 | |
| 14 | Tue | 3:56 | 3.3 | 4:32 | 2.4 | 10:47 | 0.2 | 10:45 | 0.5 | 7:02 | 6:54 | |
| 15 | Wed | 5:03 | 3.2 | 5:44 | 2.4 | 11:50 | 0.2 | 11:51 | 0.5 | 7:00 | 6:55 | |
| 16 | Thu | 6:20 | 3.3 | 6:56 | 2.5 | | | 12:51 | 0.1 | 6:59 | 6:56 | |
| 17 | Fri | 7:28 | 3.4 | 7:56 | 2.7 | 12:57 | 0.3 | 1:49 | 0.0 | 6:57 | 6:57 | |
| 18 | Sat | 8:25 | 3.6 | 8:49 | 3.0 | 1:59 | 0.0 | 2:45 | -0.2 | 6:55 | 6:58 | |
| 19 | Sun | 9:18 | 3.7 | 9:40 | 3.3 | 2:58 | -0.2 | 3:36 | -0.3 | 6:54 | 7:00 | |
| 20 | Mon | 10:07 | 3.7 | 10:30 | 3.6 | 3:54 | -0.4 | 4:24 | -0.5 | 6:52 | 7:01 | |
| 21 | Tue | 10:55 | 3.7 | 11:18 | 3.8 | 4:47 | -0.6 | 5:09 | -0.5 | 6:50 | 7:02 | |
| 22 | Wed | 11:42 | 3.6 | | | 5:38 | -0.6 | 5:53 | -0.4 | 6:49 | 7:03 | |
| 23 | Thu | 12:05 | 3.9 | 12:30 | 3.4 | 6:28 | -0.6 | 6:37 | -0.2 | 6:47 | 7:04 | |
| 24 | Fri | 12:53 | 3.9 | 1:19 | 3.1 | 7:20 | -0.4 | 7:24 | 0.1 | 6:45 | 7:05 | |
| 25 | Sat | 1:43 | 3.8 | 2:11 | 2.9 | 8:14 | -0.2 | 8:14 | 0.3 | 6:44 | 7:06 | |
| 26 | Sun | 2:35 | 3.6 | 3:05 | 2.7 | 9:09 | 0.0 | 9:10 | 0.6 | 6:42 | 7:07 | |
| 27 | Mon | 3:30 | 3.4 | 4:00 | 2.6 | 10:05 | 0.2 | 10:08 | 0.8 | 6:40 | 7:08 | |
| 28 | Tue | 4:29 | 3.1 | 4:59 | 2.5 | 11:03 | 0.4 | 11:10 | 0.9 | 6:39 | 7:09 | |
| 29 | Wed | 5:35 | 3.0 | 6:03 | 2.5 | | | 12:01 | 0.5 | 6:37 | 7:10 | |
| 30 | Thu | 6:43 | 2.9 | 7:04 | 2.6 | 12:13 | 0.9 | 12:56 | 0.6 | 6:35 | 7:11 | |
| 31 | Fri | 7:41 | 2.9 | 7:55 | 2.7 | 1:11 | 0.8 | 1:46 | 0.6 | 6:34 | 7:13 | |