

Saybrook Point, CT - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:11	2.9	11:20	3.9	5:14	0.1	5:08	0.6	5:46	7:46	
2	Sat	11:53	2.9			5:51	0.1	5:45	0.8	5:45	7:47	
3	Sun	12:00	3.8	12:36	2.9	6:29	0.2	6:22	0.9	5:43	7:48	
4	Mon	12:42	3.7	1:22	2.9	7:09	0.3	7:03	1.0	5:42	7:49	
5	Tue	1:28	3.6	2:11	2.9	7:52	0.4	7:49	1.1	5:41	7:50	
6	Wed	2:18	3.4	3:00	2.8	8:39	0.5	8:41	1.1	5:40	7:51	
7	Thu	3:08	3.3	3:50	2.8	9:27	0.6	9:34	1.2	5:38	7:52	
8	Fri	3:59	3.2	4:42	2.8	10:16	0.7	10:29	1.1	5:37	7:53	
9	Sat	4:51	3.1	5:37	2.9	11:04	0.7	11:25	1.1	5:36	7:55	
10	Sun	5:47	3.1	6:29	3.1	11:52	0.7			5:35	7:56	
11	Mon	6:41	3.1	7:16	3.4	12:21	0.9	12:38	0.6	5:34	7:57	
12	Tue	7:31	3.1	7:58	3.7	1:16	0.7	1:23	0.5	5:33	7:58	
13	Wed	8:17	3.1	8:39	4.0	2:09	0.4	2:08	0.4	5:32	7:59	
14	Thu	9:02	3.2	9:21	4.3	3:02	0.1	2:55	0.3	5:31	8:00	
15	Fri	9:49	3.2	10:06	4.5	3:54	-0.2	3:44	0.3	5:30	8:01	
16	Sat	10:37	3.3	10:54	4.6	4:44	-0.4	4:34	0.2	5:29	8:02	
17	Sun	11:27	3.3	11:45	4.6	5:34	-0.5	5:25	0.2	5:28	8:03	
18	Mon			12:19	3.3	6:24	-0.4	6:18	0.2	5:27	8:04	
19	Tue	12:41	4.5	1:15	3.3	7:17	-0.3	7:16	0.3	5:26	8:05	
20	Wed	1:40	4.3	2:15	3.3	8:14	-0.1	8:20	0.4	5:25	8:05	
21	Thu	2:43	4.0	3:17	3.3	9:12	0.0	9:27	0.5	5:25	8:06	
22	Fri	3:44	3.7	4:20	3.4	10:10	0.2	10:33	0.6	5:24	8:07	
23	Sat	4:47	3.4	5:24	3.4	11:06	0.3	11:41	0.7	5:23	8:08	
24	Sun	5:52	3.2	6:29	3.6			12:02	0.4	5:22	8:09	
25	Mon	6:55	3.0	7:25	3.7	12:46	0.6	12:55	0.5	5:22	8:10	
26	Tue	7:51	2.9	8:12	3.8	1:46	0.6	1:45	0.6	5:21	8:11	
27	Wed	8:39	2.8	8:55	3.9	2:41	0.5	2:33	0.7	5:21	8:12	
28	Thu	9:24	2.8	9:36	4.0	3:30	0.4	3:18	0.8	5:20	8:13	
29	Fri	10:07	2.8	10:16	3.9	4:14	0.3	4:02	0.9	5:19	8:13	
30	Sat	10:50	2.9	10:57	3.9	4:53	0.3	4:42	0.9	5:19	8:14	
31	Sun	11:32	2.9	11:39	3.8	5:29	0.3	5:21	0.9	5:18	8:15	