


































South Norwalk, CT - Aug 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 1:26 | 7.5 | 1:51 | 7.6 | 7:48 | 0.3 | 8:09 | 0.5 | 5:49 | 8:10 |  |
| 2 | Sun | 2:07 | 7.5 | 2:31 | 7.8 | 8:24 | 0.3 | 8:53 | 0.4 | 5:50 | 8:09 |  |
| 3 | Mon | 2:52 | 7.4 | 3:16 | 7.9 | 9:05 | 0.4 | 9:41 | 0.4 | 5:51 | 8:08 |  |
| 4 | Tue | 3:40 | 7.2 | 4:04 | 8.0 | 9:52 | 0.5 | 10:36 | 0.4 | 5:52 | 8:06 |  |
| 5 | Wed | 4:34 | 7.0 | 4:59 | 8.0 | 10:45 | 0.7 | 11:37 | 0.4 | 5:53 | 8:05 |  |
| 6 | Thu | 5:33 | 6.8 | 5:59 | 8.0 | 11:46 | 0.8 | | | 5:54 | 8:04 |  |
| 7 | Fri | 6:39 | 6.7 | 7:05 | 8.0 | 12:42 | 0.4 | 12:51 | 0.9 | 5:55 | 8:03 |  |
| 8 | Sat | 7:48 | 6.8 | 8:12 | 8.1 | 1:48 | 0.3 | 1:59 | 0.8 | 5:56 | 8:02 |  |
| 9 | Sun | 8:55 | 7.0 | 9:16 | 8.3 | 2:52 | 0.0 | 3:05 | 0.5 | 5:57 | 8:00 |  |
| 10 | Mon | 9:57 | 7.4 | 10:16 | 8.5 | 3:52 | -0.2 | 4:07 | 0.2 | 5:58 | 7:59 |  |
| 11 | Tue | 10:52 | 7.8 | 11:11 | 8.6 | 4:47 | -0.5 | 5:03 | -0.1 | 5:59 | 7:58 |  |
| 12 | Wed | 11:43 | 8.1 | | | 5:37 | -0.7 | 5:56 | -0.3 | 6:00 | 7:56 |  |
| 13 | Thu | 12:02 | 8.5 | 12:31 | 8.3 | 6:25 | -0.7 | 6:46 | -0.4 | 6:01 | 7:55 |  |
| 14 | Fri | 12:50 | 8.4 | 1:17 | 8.4 | 7:10 | -0.6 | 7:34 | -0.4 | 6:02 | 7:54 |  |
| 15 | Sat | 1:37 | 8.1 | 2:01 | 8.3 | 7:54 | -0.4 | 8:22 | -0.2 | 6:03 | 7:52 |  |
| 16 | Sun | 2:23 | 7.8 | 2:45 | 8.1 | 8:38 | 0.0 | 9:10 | 0.1 | 6:04 | 7:51 |  |
| 17 | Mon | 3:10 | 7.4 | 3:31 | 7.8 | 9:24 | 0.4 | 10:00 | 0.4 | 6:05 | 7:49 |  |
| 18 | Tue | 3:57 | 6.9 | 4:18 | 7.5 | 10:12 | 0.8 | 10:53 | 0.7 | 6:06 | 7:48 |  |
| 19 | Wed | 4:49 | 6.5 | 5:10 | 7.2 | 11:04 | 1.2 | 11:49 | 1.0 | 6:07 | 7:46 |  |
| 20 | Thu | 5:46 | 6.2 | 6:07 | 7.0 | | | 12:00 | 1.5 | 6:08 | 7:45 |  |
| 21 | Fri | 6:49 | 6.0 | 7:09 | 6.8 | 12:49 | 1.2 | 1:00 | 1.7 | 6:09 | 7:43 |  |
| 22 | Sat | 7:53 | 6.0 | 8:09 | 6.8 | 1:49 | 1.2 | 1:59 | 1.7 | 6:10 | 7:42 |  |
| 23 | Sun | 8:52 | 6.1 | 9:04 | 6.9 | 2:45 | 1.1 | 2:55 | 1.6 | 6:11 | 7:40 |  |
| 24 | Mon | 9:41 | 6.3 | 9:51 | 7.1 | 3:36 | 1.0 | 3:46 | 1.4 | 6:12 | 7:39 |  |
| 25 | Tue | 10:23 | 6.6 | 10:32 | 7.3 | 4:20 | 0.8 | 4:31 | 1.2 | 6:13 | 7:37 |  |
| 26 | Wed | 11:00 | 6.9 | 11:10 | 7.4 | 4:59 | 0.6 | 5:11 | 0.9 | 6:14 | 7:36 |  |
| 27 | Thu | 11:34 | 7.2 | 11:46 | 7.5 | 5:35 | 0.5 | 5:49 | 0.7 | 6:15 | 7:34 |  |
| 28 | Fri | | | 12:07 | 7.6 | 6:08 | 0.4 | 6:26 | 0.4 | 6:16 | 7:33 |  |
| 29 | Sat | 12:23 | 7.6 | 12:42 | 7.9 | 6:42 | 0.3 | 7:04 | 0.2 | 6:17 | 7:31 |  |
| 30 | Sun | 1:01 | 7.7 | 1:20 | 8.1 | 7:16 | 0.2 | 7:44 | 0.0 | 6:18 | 7:29 |  |
| 31 | Mon | 1:43 | 7.6 | 2:02 | 8.3 | 7:54 | 0.2 | 8:27 | 0.0 | 6:19 | 7:28 |  |