
































Southport, CT - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:24	7.3	9:55	7.1	3:15	0.0	3:46	-0.5	6:26	5:43	
2	Mon	10:15	7.4	10:42	7.4	4:08	-0.3	4:34	-0.6	6:25	5:45	
3	Tue	11:03	7.4	11:27	7.6	4:58	-0.5	5:19	-0.6	6:23	5:46	
4	Wed	11:49	7.3			5:44	-0.6	6:02	-0.5	6:22	5:47	
5	Thu	12:10	7.6	12:32	7.2	6:29	-0.6	6:44	-0.3	6:20	5:48	
6	Fri	12:50	7.5	1:13	6.9	7:11	-0.4	7:24	0.0	6:18	5:49	
7	Sat	1:30	7.4	1:54	6.6	7:53	-0.2	8:05	0.3	6:17	5:50	
8	Sun	3:10	7.1	3:37	6.3	9:37	0.1	9:47	0.6	7:15	6:51	
9	Mon	3:53	6.8	4:23	6.0	10:23	0.5	10:33	1.0	7:14	6:53	
10	Tue	4:40	6.5	5:13	5.7	11:14	0.7	11:24	1.2	7:12	6:54	
11	Wed	5:32	6.3	6:07	5.5			12:07	1.0	7:10	6:55	
12	Thu	6:26	6.2	7:03	5.5	12:18	1.4	1:02	1.0	7:09	6:56	
13	Fri	7:22	6.1	8:01	5.6	1:16	1.4	1:59	1.0	7:07	6:57	
14	Sat	8:20	6.2	8:56	5.9	2:15	1.3	2:52	0.8	7:05	6:58	
15	Sun	9:15	6.5	9:45	6.4	3:11	1.0	3:41	0.5	7:04	6:59	
16	Mon	10:04	6.8	10:30	6.9	4:01	0.6	4:26	0.2	7:02	7:00	
17	Tue	10:51	7.0	11:14	7.4	4:48	0.1	5:08	-0.1	7:00	7:01	
18	Wed	11:37	7.3	11:57	7.8	5:34	-0.3	5:51	-0.3	6:59	7:03	
19	Thu			12:23	7.4	6:19	-0.7	6:34	-0.4	6:57	7:04	
20	Fri	12:41	8.1	1:09	7.5	7:05	-0.9	7:18	-0.5	6:55	7:05	
21	Sat	1:26	8.2	1:56	7.4	7:51	-1.0	8:04	-0.4	6:54	7:06	
22	Sun	2:13	8.2	2:44	7.3	8:40	-0.9	8:52	-0.2	6:52	7:07	
23	Mon	3:02	8.0	3:36	7.0	9:31	-0.6	9:45	0.1	6:50	7:08	
24	Tue	3:56	7.7	4:33	6.7	10:28	-0.3	10:45	0.4	6:49	7:09	
25	Wed	4:56	7.4	5:36	6.5	11:30	0.0	11:49	0.6	6:47	7:10	
26	Thu	6:00	7.1	6:40	6.4			12:33	0.2	6:45	7:11	
27	Fri	7:06	6.9	7:46	6.5	12:56	0.7	1:36	0.3	6:44	7:12	
28	Sat	8:12	6.8	8:49	6.7	2:03	0.6	2:37	0.2	6:42	7:13	
29	Sun	9:14	6.9	9:44	7.0	3:06	0.4	3:33	0.1	6:40	7:14	
30	Mon	10:09	7.0	10:32	7.3	4:01	0.1	4:23	0.0	6:39	7:15	
31	Tue	10:57	7.1	11:16	7.5	4:50	-0.1	5:08	0.0	6:37	7:17	