

































Southport, CT - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:57	6.8			5:52	-0.1	6:02	0.6	5:50	7:50	
2	Sat	12:06	7.5	12:38	6.8	6:33	-0.1	6:43	0.7	5:49	7:51	
3	Sun	12:46	7.5	1:18	6.7	7:14	0.0	7:23	0.8	5:47	7:52	
4	Mon	1:25	7.4	1:58	6.6	7:54	0.1	8:04	0.9	5:46	7:53	
5	Tue	2:06	7.2	2:39	6.5	8:35	0.3	8:45	1.1	5:45	7:54	
6	Wed	2:47	7.0	3:22	6.3	9:17	0.5	9:30	1.3	5:44	7:55	
7	Thu	3:32	6.7	4:09	6.2	10:03	0.8	10:20	1.4	5:43	7:56	
8	Fri	4:21	6.5	4:59	6.2	10:51	0.9	11:14	1.5	5:41	7:57	
9	Sat	5:14	6.3	5:50	6.4	11:41	1.0			5:40	7:58	
10	Sun	6:09	6.3	6:41	6.6	12:10	1.4	12:31	1.0	5:39	7:59	
11	Mon	7:05	6.3	7:33	6.9	1:05	1.1	1:23	0.9	5:38	8:00	
12	Tue	8:02	6.5	8:25	7.4	2:01	0.7	2:15	0.8	5:37	8:01	
13	Wed	8:58	6.7	9:17	7.8	2:56	0.2	3:07	0.5	5:36	8:02	
14	Thu	9:51	7.0	10:07	8.2	3:48	-0.2	3:58	0.2	5:35	8:03	
15	Fri	10:43	7.3	10:58	8.6	4:38	-0.6	4:48	0.0	5:34	8:04	
16	Sat	11:34	7.5	11:49	8.7	5:29	-0.9	5:40	-0.2	5:33	8:05	
17	Sun			12:27	7.7	6:20	-1.1	6:33	-0.2	5:32	8:06	
18	Mon	12:42	8.7	1:20	7.7	7:13	-1.1	7:27	-0.2	5:31	8:07	
19	Tue	1:36	8.6	2:13	7.7	8:05	-1.0	8:23	-0.1	5:30	8:08	
20	Wed	2:30	8.3	3:08	7.5	8:59	-0.7	9:21	0.1	5:30	8:09	
21	Thu	3:27	7.8	4:06	7.4	9:55	-0.4	10:22	0.3	5:29	8:10	
22	Fri	4:27	7.4	5:06	7.3	10:53	-0.1	11:25	0.5	5:28	8:11	
23	Sat	5:29	7.0	6:05	7.2	11:50	0.3			5:27	8:12	
24	Sun	6:30	6.7	7:01	7.2	12:26	0.6	12:46	0.5	5:27	8:12	
25	Mon	7:29	6.5	7:55	7.2	1:25	0.6	1:41	0.7	5:26	8:13	
26	Tue	8:27	6.4	8:46	7.2	2:21	0.5	2:34	0.8	5:25	8:14	
27	Wed	9:19	6.4	9:32	7.3	3:13	0.4	3:23	0.9	5:25	8:15	
28	Thu	10:06	6.4	10:15	7.3	4:00	0.3	4:08	0.9	5:24	8:16	
29	Fri	10:49	6.5	10:56	7.4	4:44	0.2	4:51	0.9	5:24	8:17	
30	Sat	11:30	6.5	11:37	7.4	5:25	0.2	5:33	0.9	5:23	8:17	
31	Sun			12:11	6.6	6:07	0.1	6:15	1.0	5:23	8:18	