















Stamford, CT - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:41	7.9	4:10	8.5	10:00	-0.2	10:43	-0.1	5:50	8:10	
2	Mon	4:38	7.6	5:07	8.4	10:57	0.1	11:47	0.1	5:51	8:09	
3	Tue	5:39	7.3	6:09	8.2			12:00	0.3	5:52	8:08	
4	Wed	6:46	7.1	7:15	8.1	12:52	0.1	1:06	0.4	5:53	8:07	
5	Thu	7:57	7.1	8:23	8.1	1:58	0.1	2:13	0.4	5:54	8:05	
6	Fri	9:04	7.3	9:26	8.2	3:00	0.0	3:16	0.3	5:55	8:04	
7	Sat	10:03	7.5	10:21	8.3	3:57	-0.2	4:13	0.2	5:56	8:03	
8	Sun	10:55	7.8	11:12	8.3	4:49	-0.3	5:06	0.0	5:57	8:02	
9	Mon	11:42	7.9	11:58	8.3	5:37	-0.4	5:55	-0.1	5:58	8:00	
10	Tue			12:26	8.0	6:22	-0.4	6:41	-0.1	5:59	7:59	
11	Wed	12:41	8.2	1:07	8.0	7:04	-0.3	7:25	0.0	6:00	7:58	
12	Thu	1:22	8.0	1:45	8.0	7:44	-0.1	8:06	0.1	6:01	7:57	
13	Fri	2:00	7.7	2:22	7.8	8:22	0.1	8:47	0.3	6:02	7:55	
14	Sat	2:38	7.4	2:59	7.7	8:59	0.4	9:28	0.6	6:03	7:54	
15	Sun	3:18	7.1	3:38	7.5	9:38	0.8	10:13	0.9	6:04	7:52	
16	Mon	4:00	6.8	4:21	7.3	10:20	1.1	11:01	1.1	6:05	7:51	
17	Tue	4:46	6.5	5:08	7.1	11:06	1.4	11:55	1.3	6:06	7:50	
18	Wed	5:37	6.3	6:00	7.0	11:59	1.5			6:07	7:48	
19	Thu	6:32	6.2	6:55	7.0	12:51	1.3	12:55	1.5	6:08	7:47	
20	Fri	7:32	6.3	7:53	7.2	1:48	1.2	1:54	1.4	6:09	7:45	
21	Sat	8:31	6.6	8:50	7.5	2:42	0.9	2:50	1.1	6:10	7:44	
22	Sun	9:25	7.0	9:43	7.8	3:31	0.6	3:42	0.7	6:11	7:42	
23	Mon	10:13	7.5	10:31	8.2	4:16	0.2	4:31	0.3	6:12	7:41	
24	Tue	10:59	8.0	11:18	8.5	5:00	-0.2	5:19	-0.1	6:13	7:39	
25	Wed	11:44	8.5			5:44	-0.5	6:07	-0.5	6:14	7:38	
26	Thu	12:05	8.7	12:30	8.9	6:28	-0.7	6:55	-0.8	6:15	7:36	
27	Fri	12:53	8.7	1:17	9.1	7:13	-0.8	7:43	-0.9	6:16	7:34	
28	Sat	1:42	8.6	2:05	9.1	8:00	-0.7	8:33	-0.8	6:17	7:33	
29	Sun	2:32	8.4	2:56	9.0	8:49	-0.5	9:27	-0.6	6:18	7:31	
30	Mon	3:25	8.1	3:51	8.7	9:42	-0.2	10:26	-0.3	6:19	7:30	
31	Tue	4:23	7.7	4:50	8.4	10:42	0.1	11:30	0.0	6:20	7:28	