US HARBORS www.USHarbors.com

Stamford, CT - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**6:43**	6.5	**7:29**	5.7	**12:36**	1.3	**1:25**	0.8	6:28	5:44	
2	Thu	**7:45**	6.5	**8:25**	5.9	**1:36**	1.3	**2:19**	0.7	6:26	5:45	
3	Fri	**8:38**	6.7	**9:12**	6.2	**2:30**	1.1	**3:07**	0.6	6:25	5:47	
4	Sat	**9:23**	6.8	**9:53**	6.5	**3:19**	0.9	**3:50**	0.4	6:23	5:48	
5	Sun	**10:03**	7.0	**10:29**	6.8	**4:02**	0.6	**4:28**	0.2	6:21	5:49	
6	Mon	**10:40**	7.2	**11:02**	7.1	**4:42**	0.4	**5:04**	0.0	6:20	5:50	
7	Tue	**11:15**	7.3	**11:34**	7.4	**5:20**	0.1	**5:37**	0.0	6:18	5:51	
8	Wed	**11:50**	7.3			**5:56**	0.0	**6:09**	0.0	6:17	5:52	
9	Thu	**12:07**	7.6	**12:26**	7.3	**6:31**	-0.1	**6:41**	0.1	6:15	5:53	
10	Fri	**12:42**	7.7	**1:03**	7.2	**7:07**	-0.1	**7:14**	0.2	6:13	5:54	
11	Sat	**1:19**	7.8	**1:44**	7.0	**7:46**	-0.1	**7:51**	0.3	6:12	5:56	
12	Sun	**3:01**	7.7	**3:28**	6.8	**9:29**	0.1	**9:34**	0.5	7:10	6:57	
13	Mon	**3:47**	7.6	**4:18**	6.5	**10:18**	0.2	**10:25**	0.7	7:09	6:58	
14	Tue	**4:40**	7.5	**5:15**	6.4	**11:17**	0.4	**11:25**	0.9	7:07	6:59	
15	Wed	**5:39**	7.4	**6:19**	6.3			**12:23**	0.5	7:05	7:00	
16	Thu	**6:46**	7.3	**7:30**	6.5	**12:35**	0.9	**1:34**	0.4	7:04	7:01	
17	Fri	**7:58**	7.4	**8:42**	6.9	**1:50**	0.7	**2:41**	0.1	7:02	7:02	
18	Sat	**9:08**	7.7	**9:45**	7.5	**3:01**	0.2	**3:41**	-0.3	7:00	7:03	
19	Sun	**10:10**	8.0	**10:40**	8.0	**4:04**	-0.3	**4:35**	-0.7	6:59	7:04	
20	Mon	**11:05**	8.3	**11:31**	8.5	**5:00**	-0.8	**5:25**	-0.9	6:57	7:05	
21	Tue	**11:56**	8.4			**5:53**	-1.1	**6:13**	-1.1	6:55	7:07	
22	Wed	**12:18**	8.8	**12:45**	8.3	**6:43**	-1.3	**7:00**	-1.0	6:54	7:08	
23	Thu	**1:04**	8.8	**1:32**	8.1	**7:30**	-1.3	**7:45**	-0.8	6:52	7:09	
24	Fri	**1:49**	8.7	**2:18**	7.8	**8:17**	-1.0	**8:29**	-0.4	6:50	7:10	
25	Sat	**2:34**	8.3	**3:04**	7.3	**9:04**	-0.6	**9:15**	0.1	6:49	7:11	
26	Sun	**3:19**	7.9	**3:52**	6.9	**9:53**	-0.1	**10:04**	0.6	6:47	7:12	
27	Mon	**4:07**	7.4	**4:43**	6.4	**10:47**	0.4	**10:57**	1.1	6:45	7:13	
28	Tue	**4:59**	6.9	**5:40**	6.0	**11:45**	0.8	**11:58**	1.4	6:44	7:14	
29	Wed	**5:57**	6.6	**6:43**	5.8			**12:46**	1.1	6:42	7:15	
30	Thu	**7:01**	6.4	**7:48**	5.9	**1:01**	1.6	**1:46**	1.1	6:40	7:16	
31	Fri	**8:06**	6.4	**8:47**	6.1	**2:04**	1.5	**2:41**	1.1	6:39	7:17	