US HARBORS www.USHarbors.com

Stamford, CT - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:32	6.6	2:43	6.5	8:53	0.9	9:10	0.6	7:19	4:36	
2	Tue	3:14	6.6	3:28	6.2	9:42	1.0	9:53	0.8	7:19	4:36	
3	Wed	3:58	6.6	4:17	5.9	10:34	1.0	10:38	1.0	7:19	4:37	
4	Thu	4:44	6.6	5:09	5.8	11:27	1.0	11:26	1.1	7:19	4:38	
5	Fri	5:32	6.7	6:04	5.7			12:21	0.8	7:19	4:39	
6	Sat	6:24	6.9	7:02	5.8	12:17	1.1	1:16	0.6	7:19	4:40	
7	Sun	7:19	7.1	7:59	6.0	1:11	1.0	2:08	0.3	7:19	4:41	
8	Mon	8:13	7.4	8:53	6.3	2:05	0.8	2:59	-0.1	7:18	4:42	
9	Tue	9:05	7.8	9:44	6.7	2:57	0.5	3:47	-0.4	7:18	4:43	
10	Wed	9:56	8.1	10:33	7.1	3:49	0.2	4:35	-0.8	7:18	4:44	
11	Thu	10:46	8.3	11:23	7.5	4:41	-0.2	5:23	-1.0	7:18	4:45	
12	Fri	11:37	8.4			5:34	-0.5	6:10	-1.2	7:18	4:46	
13	Sat	12:12	7.8	12:28	8.4	6:27	-0.7	6:58	-1.3	7:17	4:47	
14	Sun	1:02	8.0	1:20	8.2	7:20	-0.7	7:46	-1.1	7:17	4:48	
15	Mon	1:53	8.1	2:14	7.8	8:15	-0.7	8:36	-0.9	7:16	4:50	
16	Tue	2:46	8.1	3:10	7.4	9:13	-0.6	9:30	-0.5	7:16	4:51	
17	Wed	3:41	8.0	4:09	7.0	10:14	-0.4	10:27	-0.2	7:16	4:52	
18	Thu	4:39	7.8	5:12	6.6	11:17	-0.2	11:28	0.2	7:15	4:53	
19	Fri	5:39	7.6	6:19	6.3			12:21	-0.1	7:15	4:54	
20	Sat	6:43	7.4	7:26	6.2	12:30	0.4	1:24	0.0	7:14	4:55	
21	Sun	7:45	7.3	8:28	6.3	1:32	0.5	2:22	-0.1	7:13	4:56	
22	Mon	8:43	7.3	9:22	6.4	2:31	0.5	3:16	-0.2	7:13	4:58	
23	Tue	9:34	7.4	10:10	6.5	3:24	0.5	4:05	-0.2	7:12	4:59	
24	Wed	10:19	7.4	10:54	6.6	4:14	0.4	4:50	-0.3	7:11	5:00	
25	Thu	11:01	7.4	11:34	6.8	4:59	0.3	5:32	-0.3	7:11	5:01	
26	Fri	11:40	7.3			5:42	0.3	6:10	-0.3	7:10	5:03	
27	Sat	12:11	6.9	12:17	7.2	6:22	0.3	6:46	-0.2	7:09	5:04	
28	Sun	12:45	6.9	12:53	7.0	7:00	0.3	7:19	0.0	7:08	5:05	
29	Mon	1:19	7.0	1:30	6.8	7:38	0.4	7:52	0.2	7:07	5:06	
30	Tue	1:53	6.9	2:08	6.6	8:16	0.5	8:26	0.4	7:06	5:07	
31	Wed	2:30	6.9	2:49	6.3	8:57	0.6	9:03	0.7	7:05	5:09	