US HARBORS www.USHarbors.com

Stamford, CT - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:30	7.0	5:02	7.3	10:53	0.6	11:31	0.9	5:25	8:30	
2	Wed	5:22	6.6	5:50	7.2	11:43	1.0			5:26	8:30	
3	Thu	6:15	6.3	6:37	7.1	12:25	1.1	12:32	1.3	5:27	8:30	
4	Fri	7:09	6.1	7:27	7.0	1:19	1.1	1:22	1.4	5:27	8:29	
5	Sat	8:05	6.1	8:17	7.1	2:11	1.1	2:12	1.5	5:28	8:29	
6	Sun	8:58	6.1	9:05	7.2	3:02	1.0	3:01	1.5	5:28	8:29	
7	Mon	9:46	6.2	9:51	7.4	3:49	0.8	3:47	1.4	5:29	8:28	
8	Tue	10:30	6.4	10:34	7.6	4:34	0.6	4:32	1.2	5:30	8:28	
9	Wed	11:12	6.7	11:16	7.8	5:16	0.4	5:16	1.1	5:30	8:28	
10	Thu	11:53	6.9	11:58	7.9	5:57	0.2	6:00	0.9	5:31	8:27	
11	Fri			12:33	7.2	6:37	0.1	6:43	0.7	5:32	8:27	
12	Sat	12:40	8.0	1:14	7.4	7:16	0.0	7:26	0.6	5:32	8:26	
13	Sun	1:24	8.0	1:56	7.7	7:54	-0.1	8:11	0.4	5:33	8:26	
14	Mon	2:09	7.9	2:39	7.9	8:34	0.0	8:58	0.3	5:34	8:25	
15	Tue	2:56	7.7	3:25	8.0	9:16	0.1	9:49	0.3	5:35	8:25	
16	Wed	3:46	7.5	4:14	8.1	10:03	0.2	10:45	0.3	5:36	8:24	
17	Thu	4:40	7.3	5:07	8.2	10:55	0.4	11:45	0.3	5:36	8:23	
18	Fri	5:37	7.0	6:04	8.2	11:51	0.5			5:37	8:23	
19	Sat	6:39	6.9	7:05	8.2	12:47	0.3	12:53	0.6	5:38	8:22	
20	Sun	7:46	6.8	8:10	8.2	1:52	0.2	1:58	0.6	5:39	8:21	
21	Mon	8:54	7.0	9:15	8.3	2:56	0.0	3:03	0.5	5:40	8:20	
22	Tue	9:57	7.2	10:15	8.4	3:55	-0.2	4:04	0.4	5:41	8:20	
23	Wed	10:55	7.4	11:10	8.5	4:51	-0.4	5:02	0.2	5:42	8:19	
24	Thu	11:47	7.7			5:43	-0.5	5:57	0.1	5:43	8:18	
25	Fri	12:02	8.5	12:37	7.8	6:32	-0.5	6:49	0.0	5:43	8:17	
26	Sat	12:51	8.3	1:24	7.9	7:19	-0.5	7:37	0.1	5:44	8:16	
27	Sun	1:38	8.1	2:08	7.9	8:02	-0.3	8:24	0.2	5:45	8:15	
28	Mon	2:22	7.8	2:49	7.8	8:44	0.0	9:10	0.4	5:46	8:14	
29	Tue	3:05	7.4	3:30	7.6	9:25	0.4	9:57	0.7	5:47	8:13	
30	Wed	3:49	7.0	4:12	7.4	10:07	0.8	10:45	0.9	5:48	8:12	
31	Thu	4:34	6.6	4:55	7.2	10:51	1.2	11:36	1.1	5:49	8:11	