






























Stamford, CT - Aug 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 5:22 | 6.3 | 5:42 | 7.0 | 11:39 | 1.5 | | | 5:50 | 8:10 |  |
| 2 | Sat | 6:13 | 6.0 | 6:32 | 6.9 | 12:30 | 1.3 | 12:29 | 1.7 | 5:51 | 8:09 |  |
| 3 | Sun | 7:10 | 5.9 | 7:27 | 6.9 | 1:26 | 1.3 | 1:24 | 1.7 | 5:52 | 8:08 |  |
| 4 | Mon | 8:11 | 5.9 | 8:24 | 7.0 | 2:22 | 1.2 | 2:20 | 1.7 | 5:53 | 8:07 |  |
| 5 | Tue | 9:08 | 6.1 | 9:18 | 7.3 | 3:15 | 1.1 | 3:14 | 1.5 | 5:54 | 8:05 |  |
| 6 | Wed | 9:58 | 6.4 | 10:06 | 7.5 | 4:02 | 0.8 | 4:04 | 1.3 | 5:55 | 8:04 |  |
| 7 | Thu | 10:43 | 6.8 | 10:52 | 7.8 | 4:46 | 0.5 | 4:51 | 0.9 | 5:56 | 8:03 |  |
| 8 | Fri | 11:25 | 7.2 | 11:36 | 8.0 | 5:28 | 0.2 | 5:37 | 0.6 | 5:57 | 8:02 |  |
| 9 | Sat | | | 12:06 | 7.7 | 6:08 | -0.1 | 6:22 | 0.2 | 5:58 | 8:00 |  |
| 10 | Sun | 12:20 | 8.2 | 12:47 | 8.1 | 6:47 | -0.2 | 7:06 | 0.0 | 5:59 | 7:59 |  |
| 11 | Mon | 1:04 | 8.2 | 1:30 | 8.4 | 7:27 | -0.3 | 7:51 | -0.2 | 6:00 | 7:58 |  |
| 12 | Tue | 1:49 | 8.2 | 2:14 | 8.6 | 8:08 | -0.3 | 8:38 | -0.3 | 6:01 | 7:56 |  |
| 13 | Wed | 2:36 | 8.0 | 3:00 | 8.6 | 8:51 | -0.2 | 9:28 | -0.2 | 6:02 | 7:55 |  |
| 14 | Thu | 3:26 | 7.7 | 3:50 | 8.5 | 9:39 | 0.1 | 10:24 | 0.0 | 6:03 | 7:54 |  |
| 15 | Fri | 4:20 | 7.4 | 4:45 | 8.3 | 10:33 | 0.4 | 11:25 | 0.2 | 6:04 | 7:52 |  |
| 16 | Sat | 5:19 | 7.0 | 5:45 | 8.1 | 11:33 | 0.6 | | | 6:05 | 7:51 |  |
| 17 | Sun | 6:24 | 6.8 | 6:51 | 7.9 | 12:31 | 0.4 | 12:40 | 0.8 | 6:06 | 7:49 |  |
| 18 | Mon | 7:36 | 6.7 | 8:02 | 7.8 | 1:39 | 0.4 | 1:50 | 0.9 | 6:07 | 7:48 |  |
| 19 | Tue | 8:48 | 6.9 | 9:10 | 7.9 | 2:45 | 0.3 | 2:58 | 0.8 | 6:08 | 7:47 |  |
| 20 | Wed | 9:51 | 7.1 | 10:09 | 8.0 | 3:44 | 0.1 | 3:59 | 0.5 | 6:09 | 7:45 |  |
| 21 | Thu | 10:44 | 7.5 | 11:01 | 8.1 | 4:38 | 0.0 | 4:54 | 0.3 | 6:10 | 7:44 |  |
| 22 | Fri | 11:32 | 7.7 | 11:49 | 8.1 | 5:26 | -0.2 | 5:44 | 0.1 | 6:11 | 7:42 |  |
| 23 | Sat | | | 12:16 | 7.9 | 6:11 | -0.2 | 6:31 | 0.0 | 6:12 | 7:40 |  |
| 24 | Sun | 12:33 | 8.0 | 12:56 | 8.0 | 6:53 | -0.2 | 7:15 | 0.0 | 6:13 | 7:39 |  |
| 25 | Mon | 1:14 | 7.9 | 1:34 | 8.0 | 7:32 | 0.0 | 7:56 | 0.1 | 6:14 | 7:37 |  |
| 26 | Tue | 1:52 | 7.6 | 2:10 | 7.9 | 8:09 | 0.3 | 8:35 | 0.3 | 6:15 | 7:36 |  |
| 27 | Wed | 2:30 | 7.3 | 2:46 | 7.7 | 8:45 | 0.6 | 9:16 | 0.6 | 6:16 | 7:34 |  |
| 28 | Thu | 3:08 | 7.0 | 3:24 | 7.5 | 9:22 | 1.0 | 9:58 | 0.9 | 6:17 | 7:33 |  |
| 29 | Fri | 3:49 | 6.6 | 4:06 | 7.2 | 10:02 | 1.3 | 10:46 | 1.2 | 6:18 | 7:31 |  |
| 30 | Sat | 4:34 | 6.3 | 4:52 | 7.0 | 10:47 | 1.6 | 11:40 | 1.4 | 6:19 | 7:29 |  |
| 31 | Sun | 5:25 | 6.0 | 5:44 | 6.8 | 11:40 | 1.8 | | | 6:20 | 7:28 |  |