US HARBORS www.USHarbors.com

Stamford, CT - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:54	8.4	9:35	7.2	2:43	-0.1	3:34	-1.0	7:19	4:36	
2	Fri	9:52	8.6	10:32	7.5	3:43	-0.4	4:29	-1.2	7:19	4:37	
3	Sat	10:48	8.6	11:26	7.7	4:41	-0.6	5:22	-1.3	7:19	4:38	
4	Sun	11:41	8.5			5:37	-0.7	6:13	-1.3	7:19	4:39	
5	Mon	12:18	7.8	12:34	8.3	6:31	-0.7	7:02	-1.2	7:19	4:40	
6	Tue	1:09	7.8	1:25	7.9	7:24	-0.5	7:50	-0.9	7:19	4:41	
7	Wed	1:58	7.7	2:15	7.4	8:16	-0.3	8:38	-0.5	7:19	4:42	
8	Thu	2:47	7.5	3:06	7.0	9:10	0.0	9:27	-0.1	7:18	4:43	
9	Fri	3:37	7.3	3:59	6.5	10:05	0.2	10:17	0.4	7:18	4:44	
10	Sat	4:26	7.0	4:53	6.1	11:01	0.5	11:09	0.7	7:18	4:45	
11	Sun	5:16	6.8	5:49	5.8	11:57	0.6			7:18	4:46	
12	Mon	6:08	6.7	6:47	5.6	12:01	1.0	12:52	0.7	7:17	4:47	
13	Tue	7:02	6.7	7:44	5.6	12:55	1.1	1:46	0.6	7:17	4:48	
14	Wed	7:54	6.7	8:36	5.8	1:47	1.1	2:36	0.5	7:17	4:49	
15	Thu	8:42	6.9	9:21	6.0	2:37	1.1	3:22	0.3	7:16	4:50	
16	Fri	9:25	7.1	10:03	6.2	3:23	0.9	4:05	0.1	7:16	4:51	
17	Sat	10:06	7.2	10:42	6.5	4:07	0.7	4:45	-0.1	7:15	4:52	
18	Sun	10:46	7.4	11:19	6.8	4:49	0.5	5:23	-0.3	7:15	4:54	
19	Mon	11:25	7.5	11:56	7.0	5:29	0.3	5:59	-0.4	7:14	4:55	
20	Tue			12:05	7.5	6:10	0.1	6:34	-0.4	7:14	4:56	
21	Wed	12:34	7.3	12:46	7.4	6:50	0.0	7:09	-0.4	7:13	4:57	
22	Thu	1:13	7.5	1:29	7.3	7:32	-0.1	7:47	-0.3	7:12	4:58	
23	Fri	1:55	7.6	2:14	7.1	8:17	-0.1	8:29	-0.1	7:12	5:00	
24	Sat	2:40	7.7	3:04	6.8	9:07	-0.1	9:16	0.0	7:11	5:01	
25	Sun	3:30	7.7	3:58	6.6	10:03	0.0	10:10	0.2	7:10	5:02	
26	Mon	4:25	7.7	4:57	6.4	11:05	0.1	11:10	0.4	7:09	5:03	
27	Tue	5:25	7.6	6:03	6.3			12:12	0.0	7:09	5:04	
28	Wed	6:31	7.6	7:16	6.4	12:17	0.4	1:20	-0.1	7:08	5:06	
29	Thu	7:40	7.7	8:25	6.7	1:28	0.3	2:24	-0.4	7:07	5:07	
30	Fri	8:46	7.9	9:27	7.0	2:35	0.1	3:23	-0.7	7:06	5:08	
31	Sat	9:45	8.1	10:22	7.4	3:36	-0.2	4:17	-1.0	7:05	5:09	