US HARBORS www.USHarbors.com

Stamford, CT - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:20	7.7	12:55	6.8	7:00	0.2	7:01	1.0	5:23	8:20	
2	Tue	12:57	7.7	1:32	6.8	7:37	0.3	7:40	1.1	5:23	8:20	
3	Wed	1:35	7.5	2:11	6.8	8:14	0.4	8:19	1.2	5:23	8:21	
4	Thu	2:15	7.4	2:50	6.8	8:51	0.6	9:01	1.3	5:22	8:22	
5	Fri	2:58	7.2	3:33	6.8	9:30	0.7	9:47	1.3	5:22	8:22	
6	Sat	3:44	7.0	4:18	6.9	10:12	0.8	10:39	1.3	5:22	8:23	
7	Sun	4:33	6.8	5:06	7.1	10:58	0.9	11:34	1.2	5:22	8:24	
8	Mon	5:26	6.7	5:56	7.4	11:47	1.0			5:21	8:24	
9	Tue	6:22	6.7	6:49	7.7	12:31	0.9	12:39	0.9	5:21	8:25	
10	Wed	7:21	6.8	7:45	8.1	1:29	0.6	1:34	0.8	5:21	8:25	
11	Thu	8:21	7.0	8:42	8.4	2:27	0.2	2:30	0.5	5:21	8:26	
12	Fri	9:21	7.2	9:39	8.8	3:24	-0.2	3:28	0.3	5:21	8:26	
13	Sat	10:18	7.5	10:34	9.0	4:19	-0.6	4:24	0.0	5:21	8:27	
14	Sun	11:13	7.8	11:30	9.2	5:14	-0.9	5:21	-0.2	5:21	8:27	
15	Mon			12:09	8.0	6:08	-1.0	6:19	-0.3	5:21	8:28	
16	Tue	12:25	9.2	1:05	8.1	7:02	-1.1	7:16	-0.3	5:21	8:28	
17	Wed	1:21	9.0	2:00	8.2	7:55	-1.0	8:14	-0.2	5:21	8:28	
18	Thu	2:17	8.6	2:56	8.1	8:48	-0.8	9:12	-0.1	5:21	8:29	
19	Fri	3:14	8.2	3:52	8.0	9:41	-0.5	10:12	0.2	5:21	8:29	
20	Sat	4:12	7.7	4:49	7.9	10:37	-0.1	11:14	0.4	5:21	8:29	
21	Sun	5:12	7.3	5:45	7.7	11:33	0.3			5:22	8:30	
22	Mon	6:12	6.9	6:40	7.6	12:14	0.5	12:28	0.7	5:22	8:30	
23	Tue	7:12	6.6	7:34	7.5	1:12	0.6	1:23	0.9	5:22	8:30	
24	Wed	8:10	6.4	8:26	7.4	2:08	0.6	2:15	1.1	5:22	8:30	
25	Thu	9:04	6.4	9:15	7.4	3:00	0.6	3:05	1.2	5:23	8:30	
26	Fri	9:53	6.4	9:59	7.5	3:49	0.6	3:52	1.2	5:23	8:30	
27	Sat	10:36	6.5	10:40	7.5	4:34	0.5	4:36	1.2	5:23	8:30	
28	Sun	11:17	6.6	11:19	7.6	5:17	0.4	5:19	1.1	5:24	8:30	
29	Mon	11:56	6.7	11:57	7.7	5:58	0.3	6:00	1.1	5:24	8:30	
30	Tue			12:33	6.8	6:37	0.3	6:40	1.0	5:25	8:30	