US HARBORS www.USHarbors.com

Stamford, CT - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:29	7.7	1:55	7.8	7:53	0.2	8:14	0.4	5:50	8:10	
2	Sun	2:10	7.6	2:33	7.9	8:28	0.3	8:56	0.4	5:51	8:09	
3	Mon	2:52	7.4	3:16	8.0	9:06	0.4	9:41	0.4	5:52	8:08	
4	Tue	3:38	7.2	4:02	8.0	9:49	0.5	10:33	0.5	5:53	8:07	
5	Wed	4:29	7.0	4:54	8.0	10:39	0.7	11:31	0.5	5:54	8:06	
6	Thu	5:25	6.8	5:51	8.0	11:35	0.8			5:55	8:04	
7	Fri	6:26	6.7	6:53	8.0	12:34	0.5	12:39	0.9	5:56	8:03	
8	Sat	7:34	6.7	8:01	8.1	1:42	0.4	1:48	0.8	5:57	8:02	
9	Sun	8:46	7.0	9:09	8.3	2:48	0.2	2:58	0.5	5:58	8:01	
10	Mon	9:51	7.4	10:12	8.5	3:49	-0.1	4:03	0.2	5:59	7:59	
11	Tue	10:49	7.8	11:09	8.6	4:45	-0.4	5:02	-0.1	6:00	7:58	
12	Wed	11:42	8.2			5:37	-0.7	5:57	-0.4	6:01	7:57	
13	Thu	12:02	8.7	12:32	8.5	6:27	-0.8	6:50	-0.5	6:02	7:55	
14	Fri	12:52	8.6	1:20	8.6	7:14	-0.7	7:39	-0.5	6:03	7:54	
15	Sat	1:40	8.4	2:05	8.5	7:59	-0.5	8:28	-0.4	6:04	7:53	
16	Sun	2:27	8.0	2:50	8.3	8:43	-0.2	9:15	-0.1	6:05	7:51	
17	Mon	3:13	7.5	3:34	8.0	9:28	0.3	10:05	0.3	6:06	7:50	
18	Tue	4:01	7.1	4:20	7.6	10:15	0.8	10:57	0.7	6:07	7:48	
19	Wed	4:50	6.6	5:09	7.3	11:05	1.2	11:53	1.1	6:08	7:47	
20	Thu	5:43	6.2	6:02	7.0	11:59	1.5			6:09	7:45	
21	Fri	6:42	6.0	7:00	6.8	12:51	1.3	12:57	1.7	6:10	7:44	
22	Sat	7:45	5.9	8:01	6.8	1:50	1.3	1:56	1.8	6:11	7:42	
23	Sun	8:45	6.1	8:57	7.0	2:45	1.2	2:52	1.6	6:12	7:41	
24	Mon	9:36	6.4	9:46	7.2	3:35	1.0	3:43	1.4	6:13	7:39	
25	Tue	10:19	6.7	10:29	7.4	4:19	0.8	4:29	1.1	6:14	7:38	
26	Wed	10:58	7.1	11:08	7.6	4:59	0.5	5:11	0.8	6:15	7:36	
27	Thu	11:33	7.5	11:47	7.8	5:36	0.3	5:51	0.5	6:16	7:35	
28	Fri			12:09	7.8	6:11	0.2	6:30	0.2	6:17	7:33	
29	Sat	12:25	7.9	12:45	8.1	6:46	0.1	7:09	0.0	6:18	7:31	
30	Sun	1:05	7.9	1:24	8.3	7:21	0.1	7:49	-0.1	6:19	7:30	
31	Mon	1:46	7.8	2:04	8.4	7:59	0.1	8:31	-0.1	6:20	7:28	