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# Stamford, CT - Nov 2026

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 3:51 | 7.2 | 4:14 | 7.5 | 10:12 | 0.7 | 10:52 | 0.3 | 6:25 | 4:50 | |
| 2 | Mon | 5:00 | 7.2 | 5:26 | 7.2 | 11:26 | 0.7 | 11:57 | 0.4 | 6:26 | 4:48 | |
| 3 | Tue | 6:08 | 7.4 | 6:37 | 7.1 | | | 12:34 | 0.5 | 6:27 | 4:47 | |
| 4 | Wed | 7:10 | 7.6 | 7:41 | 7.1 | 12:58 | 0.4 | 1:36 | 0.2 | 6:28 | 4:46 | |
| 5 | Thu | 8:06 | 7.8 | 8:37 | 7.2 | 1:54 | 0.3 | 2:30 | 0.0 | 6:30 | 4:45 | |
| 6 | Fri | 8:54 | 8.0 | 9:25 | 7.3 | 2:44 | 0.3 | 3:20 | -0.2 | 6:31 | 4:44 | |
| 7 | Sat | 9:37 | 8.1 | 10:09 | 7.3 | 3:30 | 0.3 | 4:05 | -0.4 | 6:32 | 4:43 | |
| 8 | Sun | 10:17 | 8.1 | 10:50 | 7.3 | 4:13 | 0.3 | 4:47 | -0.4 | 6:33 | 4:42 | |
| 9 | Mon | 10:55 | 8.1 | 11:28 | 7.2 | 4:54 | 0.4 | 5:28 | -0.3 | 6:34 | 4:41 | |
| 10 | Tue | 11:32 | 7.9 | | | 5:33 | 0.5 | 6:08 | -0.2 | 6:36 | 4:40 | |
| 11 | Wed | 12:05 | 7.0 | 12:08 | 7.8 | 6:12 | 0.7 | 6:46 | 0.0 | 6:37 | 4:39 | |
| 12 | Thu | 12:42 | 6.8 | 12:46 | 7.5 | 6:50 | 0.9 | 7:25 | 0.3 | 6:38 | 4:38 | |
| 13 | Fri | 1:21 | 6.7 | 1:26 | 7.2 | 7:29 | 1.1 | 8:05 | 0.6 | 6:39 | 4:37 | |
| 14 | Sat | 2:02 | 6.5 | 2:09 | 7.0 | 8:12 | 1.3 | 8:48 | 0.8 | 6:40 | 4:36 | |
| 15 | Sun | 2:47 | 6.4 | 2:57 | 6.7 | 9:01 | 1.5 | 9:36 | 1.0 | 6:41 | 4:35 | |
| 16 | Mon | 3:36 | 6.3 | 3:49 | 6.5 | 9:57 | 1.6 | 10:26 | 1.1 | 6:43 | 4:34 | |
| 17 | Tue | 4:27 | 6.4 | 4:44 | 6.3 | 10:56 | 1.5 | 11:16 | 1.2 | 6:44 | 4:34 | |
| 18 | Wed | 5:19 | 6.6 | 5:41 | 6.3 | 11:55 | 1.3 | | | 6:45 | 4:33 | |
| 19 | Thu | 6:10 | 7.0 | 6:38 | 6.5 | 12:07 | 1.1 | 12:50 | 0.9 | 6:46 | 4:32 | |
| 20 | Fri | 7:02 | 7.4 | 7:35 | 6.7 | 12:57 | 0.9 | 1:42 | 0.4 | 6:47 | 4:31 | |
| 21 | Sat | 7:53 | 7.9 | 8:27 | 7.0 | 1:46 | 0.6 | 2:32 | -0.1 | 6:48 | 4:31 | |
| 22 | Sun | 8:42 | 8.3 | 9:17 | 7.3 | 2:35 | 0.3 | 3:20 | -0.5 | 6:50 | 4:30 | |
| 23 | Mon | 9:31 | 8.7 | 10:07 | 7.6 | 3:23 | 0.0 | 4:08 | -0.9 | 6:51 | 4:29 | |
| 24 | Tue | 10:20 | 9.0 | 10:57 | 7.7 | 4:13 | -0.2 | 4:58 | -1.1 | 6:52 | 4:29 | |
| 25 | Wed | 11:11 | 9.0 | 11:48 | 7.8 | 5:04 | -0.4 | 5:48 | -1.2 | 6:53 | 4:28 | |
| 26 | Thu | | | 12:04 | 8.9 | 5:57 | -0.4 | 6:40 | -1.1 | 6:54 | 4:28 | |
| 27 | Fri | 12:41 | 7.8 | 12:58 | 8.7 | 6:53 | -0.3 | 7:33 | -1.0 | 6:55 | 4:28 | |
| 28 | Sat | 1:37 | 7.8 | 1:55 | 8.2 | 7:51 | -0.2 | 8:28 | -0.7 | 6:56 | 4:27 | |
| 29 | Sun | 2:36 | 7.6 | 2:55 | 7.8 | 8:54 | 0.1 | 9:28 | -0.3 | 6:57 | 4:27 | |
| 30 | Mon | 3:38 | 7.5 | 4:01 | 7.3 | 10:02 | 0.2 | 10:29 | 0.0 | 6:58 | 4:26 | |