US HARBORS www.USHarbors.com

Stamford, CT - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:32	7.2	6:37	0.1	6:43	0.8	5:25	8:30	
2	Tue	12:37	7.8	1:09	7.3	7:13	0.1	7:23	0.7	5:26	8:30	
3	Wed	1:16	7.8	1:46	7.5	7:48	0.1	8:02	0.6	5:26	8:30	
4	Thu	1:56	7.7	2:26	7.6	8:23	0.1	8:43	0.6	5:27	8:29	
5	Fri	2:39	7.6	3:08	7.7	9:01	0.2	9:29	0.6	5:28	8:29	
6	Sat	3:25	7.4	3:54	7.9	9:43	0.3	10:19	0.6	5:28	8:29	
7	Sun	4:15	7.2	4:43	8.0	10:31	0.4	11:15	0.5	5:29	8:29	
8	Mon	5:09	7.1	5:37	8.1	11:24	0.5			5:30	8:28	
9	Tue	6:07	7.0	6:35	8.2	12:15	0.4	12:22	0.5	5:30	8:28	
10	Wed	7:10	7.0	7:37	8.3	1:18	0.2	1:25	0.5	5:31	8:27	
11	Thu	8:17	7.2	8:42	8.5	2:23	0.0	2:30	0.3	5:32	8:27	
12	Fri	9:23	7.4	9:44	8.7	3:24	-0.3	3:34	0.1	5:32	8:26	
13	Sat	10:23	7.8	10:43	8.9	4:22	-0.6	4:35	-0.2	5:33	8:26	
14	Sun	11:20	8.1	11:38	9.0	5:17	-0.9	5:33	-0.4	5:34	8:25	
15	Mon			12:14	8.4	6:10	-1.0	6:29	-0.5	5:35	8:25	
16	Tue	12:32	8.9	1:06	8.5	7:00	-1.1	7:22	-0.6	5:35	8:24	
17	Wed	1:23	8.7	1:55	8.5	7:49	-0.9	8:13	-0.4	5:36	8:24	
18	Thu	2:13	8.4	2:44	8.4	8:36	-0.6	9:04	-0.2	5:37	8:23	
19	Fri	3:03	7.9	3:32	8.1	9:24	-0.2	9:56	0.1	5:38	8:22	
20	Sat	3:52	7.5	4:20	7.8	10:12	0.2	10:50	0.5	5:39	8:21	
21	Sun	4:43	7.0	5:09	7.5	11:02	0.7	11:45	0.8	5:40	8:21	
22	Mon	5:36	6.6	5:59	7.3	11:54	1.0			5:41	8:20	
23	Tue	6:31	6.3	6:52	7.1	12:41	1.0	12:47	1.3	5:41	8:19	
24	Wed	7:29	6.2	7:47	7.1	1:36	1.0	1:42	1.4	5:42	8:18	
25	Thu	8:27	6.2	8:40	7.1	2:30	1.0	2:35	1.4	5:43	8:17	
26	Fri	9:20	6.3	9:29	7.3	3:21	0.9	3:26	1.3	5:44	8:16	
27	Sat	10:06	6.6	10:13	7.5	4:07	0.7	4:12	1.1	5:45	8:15	
28	Sun	10:47	6.8	10:54	7.7	4:49	0.5	4:56	0.9	5:46	8:14	
29	Mon	11:25	7.2	11:34	7.8	5:29	0.3	5:38	0.7	5:47	8:13	
30	Tue			12:03	7.5	6:07	0.1	6:19	0.5	5:48	8:12	
31	Wed	12:13	7.9	12:40	7.7	6:43	0.0	6:59	0.3	5:49	8:11	