US HARBORS www.USHarbors.com

Stonington, CT - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:35	2.5	2:08	2.7	7:38	0.4	8:04	0.6	5:18	8:24	
2	Wed	2:22	2.3	2:56	2.6	8:20	0.4	9:16	0.7	5:18	8:24	
3	Thu	3:07	2.1	3:43	2.5	9:08	0.5	10:29	0.7	5:19	8:24	
4	Fri	3:54	2.0	4:33	2.5	9:59	0.5	11:28	0.6	5:20	8:24	
5	Sat	4:48	1.9	5:27	2.5	10:50	0.5			5:20	8:24	
6	Sun	5:46	1.9	6:20	2.5	12:18	0.6	11:41 AM	0.4	5:21	8:23	
7	Mon	6:41	2.0	7:07	2.6	1:02	0.5	12:29	0.4	5:21	8:23	
8	Tue	7:27	2.1	7:49	2.7	1:46	0.4	1:16	0.3	5:22	8:23	
9	Wed	8:09	2.2	8:29	2.8	2:29	0.3	2:01	0.2	5:23	8:22	
10	Thu	8:50	2.4	9:08	2.9	3:14	0.2	2:46	0.2	5:24	8:22	
11	Fri	9:32	2.5	9:48	2.9	3:56	0.1	3:31	0.1	5:24	8:21	
12	Sat	10:14	2.6	10:30	3.0	4:34	0.1	4:16	0.1	5:25	8:21	
13	Sun	10:58	2.6	11:15	2.9	5:07	0.0	5:00	0.1	5:26	8:20	
14	Mon	11:45	2.7			5:40	0.0	5:45	0.2	5:27	8:20	
15	Tue	12:02	2.9	12:35	2.8	6:14	0.0	6:32	0.2	5:27	8:19	
16	Wed	12:53	2.8	1:26	2.9	6:53	0.0	7:27	0.3	5:28	8:18	
17	Thu	1:46	2.6	2:19	3.0	7:39	0.1	8:38	0.4	5:29	8:18	
18	Fri	2:41	2.5	3:14	3.0	8:33	0.1	10:13	0.5	5:30	8:17	
19	Sat	3:39	2.4	4:14	3.0	9:34	0.2	11:42	0.4	5:31	8:16	
20	Sun	4:44	2.4	5:21	3.1	10:40	0.2			5:32	8:16	
21	Mon	5:52	2.4	6:28	3.2	12:48	0.3	11:46 AM	0.2	5:32	8:15	
22	Tue	6:55	2.6	7:28	3.3	1:44	0.2	12:47	0.1	5:33	8:14	
23	Wed	7:52	2.8	8:22	3.3	2:37	0.2	1:44	0.1	5:34	8:13	
24	Thu	8:44	2.9	9:12	3.3	3:27	0.1	2:39	0.0	5:35	8:12	
25	Fri	9:33	3.0	9:59	3.3	4:12	0.1	3:32	0.0	5:36	8:11	
26	Sat	10:21	3.0	10:44	3.1	4:47	0.1	4:22	0.1	5:37	8:10	
27	Sun	11:08	3.0	11:28	2.9	5:16	0.1	5:07	0.2	5:38	8:09	
28	Mon	11:55	2.9			5:43	0.1	5:50	0.3	5:39	8:08	
29	Tue	12:11	2.7	12:41	2.8	6:11	0.2	6:33	0.4	5:40	8:07	
30	Wed	12:55	2.5	1:27	2.7	6:44	0.3	7:19	0.5	5:41	8:06	
31	Thu	1:39	2.2	2:11	2.5	7:21	0.4	8:15	0.7	5:42	8:05	