US HARBORS www.USHarbors.com

Stonington, CT - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:10	3.1	6:37	2.6			1:10	-0.2	7:13	4:29	
2	Fri	7:06	3.3	7:31	2.7	12:31	-0.4	2:05	-0.2	7:13	4:29	
3	Sat	7:59	3.4	8:23	2.9	1:26	-0.4	2:58	-0.3	7:13	4:30	
4	Sun	8:50	3.3	9:14	2.9	2:23	-0.4	3:46	-0.3	7:13	4:31	
5	Mon	9:40	3.2	10:05	2.9	3:17	-0.4	4:26	-0.3	7:13	4:32	
6	Tue	10:29	3.0	10:56	2.8	4:08	-0.3	5:01	-0.2	7:13	4:33	
7	Wed	11:19	2.7	11:48	2.7	4:55	-0.1	5:34	-0.1	7:13	4:34	
8	Thu			12:08	2.5	5:42	0.1	6:08	0.0	7:13	4:35	
9	Fri	12:40	2.6	12:57	2.2	6:34	0.3	6:48	0.2	7:12	4:36	
10	Sat	1:31	2.4	1:46	2.0	7:39	0.4	7:35	0.3	7:12	4:37	
11	Sun	2:22	2.3	2:36	1.8	9:04	0.5	8:30	0.3	7:12	4:38	
12	Mon	3:15	2.2	3:32	1.7	10:17	0.5	9:30	0.3	7:12	4:39	
13	Tue	4:15	2.2	4:34	1.7	11:11	0.4	10:28	0.3	7:11	4:40	
14	Wed	5:14	2.2	5:32	1.8	11:55	0.3	11:21	0.2	7:11	4:42	
15	Thu	6:04	2.3	6:19	1.9			12:37	0.2	7:11	4:43	
16	Fri	6:46	2.4	7:00	2.0	12:09	0.1	1:19	0.1	7:10	4:44	
17	Sat	7:23	2.5	7:38	2.1	12:54	0.0	2:00	0.0	7:10	4:45	
18	Sun	7:59	2.6	8:16	2.3	1:38	-0.1	2:39	-0.1	7:09	4:46	
19	Mon	8:34	2.6	8:54	2.3	2:21	-0.1	3:14	-0.1	7:08	4:47	
20	Tue	9:11	2.7	9:34	2.4	3:02	-0.2	3:45	-0.2	7:08	4:49	
21	Wed	9:51	2.6	10:16	2.5	3:42	-0.2	4:14	-0.2	7:07	4:50	
22	Thu	10:33	2.6	11:00	2.5	4:21	-0.2	4:45	-0.2	7:07	4:51	
23	Fri	11:20	2.4	11:49	2.5	5:02	-0.1	5:20	-0.2	7:06	4:52	
24	Sat			12:11	2.3	5:48	0.0	6:00	-0.2	7:05	4:53	
25	Sun	12:41	2.6	1:06	2.2	6:44	0.1	6:49	-0.1	7:04	4:55	
26	Mon	1:36	2.6	2:04	2.1	7:59	0.2	7:50	0.0	7:03	4:56	
27	Tue	2:36	2.6	3:07	2.1	9:52	0.2	9:01	0.0	7:03	4:57	
28	Wed	3:43	2.6	4:17	2.1	11:19	0.1	10:16	0.0	7:02	4:58	
29	Thu	4:55	2.7	5:25	2.3			12:19	0.0	7:01	5:00	
30	Fri	6:00	2.9	6:25	2.5			1:12	-0.1	7:00	5:01	
31	Sat	6:57	3.1	7:18	2.7	12:28	-0.3	2:01	-0.2	6:59	5:02	