

Westbrook, CT - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:53	4.6	2:27	4.5	8:10	-0.1	8:32	0.2	5:20	8:26	
2	Fri	2:42	4.5	3:15	4.6	8:57	0.0	9:25	0.2	5:21	8:26	
3	Sat	3:33	4.4	4:07	4.6	9:47	0.0	10:23	0.2	5:21	8:26	
4	Sun	4:29	4.3	5:02	4.7	10:41	0.1	11:23	0.2	5:22	8:26	
5	Mon	5:29	4.2	6:00	4.7	11:39	0.2			5:22	8:26	
6	Tue	6:32	4.1	7:01	4.8	12:26	0.2	12:39	0.2	5:23	8:25	
7	Wed	7:36	4.1	8:02	4.8	1:28	0.1	1:40	0.2	5:24	8:25	
8	Thu	8:38	4.2	9:00	4.9	2:29	0.0	2:40	0.2	5:24	8:25	
9	Fri	9:36	4.3	9:56	4.9	3:26	-0.1	3:38	0.1	5:25	8:24	
10	Sat	10:30	4.4	10:48	4.9	4:20	-0.2	4:32	0.1	5:26	8:24	
11	Sun	11:21	4.5	11:37	4.9	5:11	-0.2	5:24	0.1	5:26	8:23	
12	Mon			12:10	4.5	5:58	-0.2	6:13	0.1	5:27	8:23	
13	Tue	12:25	4.8	12:57	4.5	6:43	-0.1	7:01	0.2	5:28	8:22	
14	Wed	1:13	4.6	1:43	4.5	7:27	0.0	7:49	0.3	5:29	8:22	
15	Thu	1:59	4.4	2:28	4.4	8:11	0.1	8:36	0.4	5:30	8:21	
16	Fri	2:46	4.3	3:14	4.3	8:54	0.3	9:24	0.5	5:30	8:20	
17	Sat	3:33	4.1	4:00	4.3	9:38	0.4	10:14	0.6	5:31	8:20	
18	Sun	4:22	3.9	4:47	4.2	10:25	0.6	11:06	0.6	5:32	8:19	
19	Mon	5:14	3.8	5:37	4.1	11:14	0.7			5:33	8:18	
20	Tue	6:09	3.7	6:30	4.1	12:00	0.7	12:06	0.8	5:34	8:18	
21	Wed	7:05	3.7	7:24	4.1	12:54	0.6	1:00	0.8	5:35	8:17	
22	Thu	8:00	3.7	8:16	4.2	1:47	0.6	1:53	0.8	5:36	8:16	
23	Fri	8:51	3.8	9:04	4.3	2:38	0.5	2:44	0.7	5:36	8:15	
24	Sat	9:39	4.0	9:50	4.5	3:26	0.3	3:32	0.5	5:37	8:14	
25	Sun	10:23	4.1	10:34	4.6	4:11	0.2	4:19	0.4	5:38	8:13	
26	Mon	11:05	4.3	11:17	4.7	4:54	0.0	5:04	0.2	5:39	8:13	
27	Tue	11:48	4.5			5:36	-0.1	5:49	0.1	5:40	8:12	
28	Wed	12:01	4.8	12:31	4.6	6:18	-0.2	6:35	0.0	5:41	8:11	
29	Thu	12:46	4.8	1:16	4.7	7:01	-0.2	7:23	0.0	5:42	8:10	
30	Fri	1:33	4.7	2:03	4.8	7:46	-0.2	8:13	0.0	5:43	8:08	
31	Sat	2:23	4.6	2:52	4.9	8:34	-0.1	9:07	0.0	5:44	8:07	