US HARBORS www.USHarbors.com

# Westbrook, CT - Jan 2026

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 8:23 | 4.6 | 9:01 | 3.9 | 2:01 | 0.0 | 2:53 | -0.4 | 7:15 | 4:31 | |
| 2 | Fri | 9:19 | 4.7 | 9:55 | 4.0 | 2:58 | -0.2 | 3:48 | -0.5 | 7:15 | 4:32 | |
| 3 | Sat | 10:13 | 4.8 | 10:48 | 4.1 | 3:54 | -0.2 | 4:40 | -0.5 | 7:15 | 4:33 | |
| 4 | Sun | 11:06 | 4.7 | 11:40 | 4.1 | 4:48 | -0.3 | 5:31 | -0.5 | 7:15 | 4:34 | |
| 5 | Mon | 11:59 | 4.6 | | | 5:42 | -0.2 | 6:20 | -0.4 | 7:15 | 4:35 | |
| 6 | Tue | 12:32 | 4.2 | 12:50 | 4.4 | 6:35 | -0.2 | 7:09 | -0.3 | 7:15 | 4:36 | |
| 7 | Wed | 1:23 | 4.1 | 1:42 | 4.1 | 7:28 | 0.0 | 7:57 | -0.2 | 7:15 | 4:37 | |
| 8 | Thu | 2:14 | 4.1 | 2:34 | 3.9 | 8:23 | 0.1 | 8:46 | 0.0 | 7:15 | 4:38 | |
| 9 | Fri | 3:05 | 4.0 | 3:27 | 3.7 | 9:18 | 0.2 | 9:36 | 0.2 | 7:15 | 4:39 | |
| 10 | Sat | 3:57 | 3.9 | 4:22 | 3.5 | 10:15 | 0.3 | 10:27 | 0.4 | 7:14 | 4:40 | |
| 11 | Sun | 4:50 | 3.9 | 5:20 | 3.3 | 11:11 | 0.4 | 11:20 | 0.5 | 7:14 | 4:41 | |
| 12 | Mon | 5:44 | 3.8 | 6:18 | 3.3 | | | 12:07 | 0.4 | 7:14 | 4:42 | |
| 13 | Tue | 6:38 | 3.8 | 7:14 | 3.3 | 12:14 | 0.5 | 1:01 | 0.3 | 7:13 | 4:43 | |
| 14 | Wed | 7:30 | 3.9 | 8:04 | 3.4 | 1:06 | 0.5 | 1:51 | 0.2 | 7:13 | 4:44 | |
| 15 | Thu | 8:18 | 3.9 | 8:50 | 3.5 | 1:56 | 0.4 | 2:37 | 0.1 | 7:13 | 4:45 | |
| 16 | Fri | 9:02 | 4.0 | 9:32 | 3.6 | 2:42 | 0.4 | 3:20 | 0.0 | 7:12 | 4:46 | |
| 17 | Sat | 9:43 | 4.1 | 10:12 | 3.7 | 3:25 | 0.2 | 4:00 | -0.1 | 7:12 | 4:47 | |
| 18 | Sun | 10:23 | 4.2 | 10:50 | 3.8 | 4:07 | 0.2 | 4:39 | -0.1 | 7:11 | 4:49 | |
| 19 | Mon | 11:01 | 4.2 | 11:28 | 3.9 | 4:46 | 0.1 | 5:17 | -0.2 | 7:11 | 4:50 | |
| 20 | Tue | 11:40 | 4.2 | | | 5:26 | 0.0 | 5:54 | -0.2 | 7:10 | 4:51 | |
| 21 | Wed | 12:06 | 3.9 | 12:20 | 4.2 | 6:07 | 0.0 | 6:32 | -0.2 | 7:09 | 4:52 | |
| 22 | Thu | 12:46 | 4.0 | 1:02 | 4.1 | 6:50 | 0.0 | 7:11 | -0.2 | 7:09 | 4:53 | |
| 23 | Fri | 1:28 | 4.1 | 1:48 | 4.0 | 7:37 | 0.0 | 7:54 | -0.1 | 7:08 | 4:55 | |
| 24 | Sat | 2:13 | 4.2 | 2:37 | 3.9 | 8:28 | 0.0 | 8:42 | 0.0 | 7:07 | 4:56 | |
| 25 | Sun | 3:02 | 4.2 | 3:32 | 3.7 | 9:25 | 0.0 | 9:35 | 0.1 | 7:06 | 4:57 | |
| 26 | Mon | 3:58 | 4.2 | 4:33 | 3.6 | 10:27 | 0.1 | 10:36 | 0.2 | 7:06 | 4:58 | |
| 27 | Tue | 4:59 | 4.1 | 5:40 | 3.5 | 11:33 | 0.1 | 11:41 | 0.2 | 7:05 | 5:00 | |
| 28 | Wed | 6:06 | 4.2 | 6:47 | 3.5 | | | 12:39 | 0.0 | 7:04 | 5:01 | |
| 29 | Thu | 7:12 | 4.3 | 7:51 | 3.7 | 12:47 | 0.1 | 1:43 | -0.1 | 7:03 | 5:02 | |
| 30 | Fri | 8:14 | 4.4 | 8:50 | 3.8 | 1:50 | 0.0 | 2:42 | -0.2 | 7:02 | 5:03 | |
| 31 | Sat | 9:11 | 4.5 | 9:44 | 4.0 | 2:50 | -0.1 | 3:36 | -0.4 | 7:01 | 5:05 | |