

































## Westbrook, CT - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:23	4.6	9:01	3.9	2:01	0.0	2:53	-0.4	7:15	4:31	
2	Fri	9:19	4.7	9:55	4.0	2:58	-0.2	3:48	-0.5	7:15	4:32	
3	Sat	10:13	4.8	10:48	4.1	3:54	-0.2	4:40	-0.5	7:15	4:33	
4	Sun	11:06	4.7	11:40	4.1	4:48	-0.3	5:31	-0.5	7:15	4:34	
5	Mon	11:59	4.6			5:42	-0.2	6:20	-0.4	7:15	4:35	
6	Tue	12:32	4.2	12:50	4.4	6:35	-0.2	7:09	-0.3	7:15	4:36	
7	Wed	1:23	4.1	1:42	4.1	7:28	0.0	7:57	-0.2	7:15	4:37	
8	Thu	2:14	4.1	2:34	3.9	8:23	0.1	8:46	0.0	7:15	4:38	
9	Fri	3:05	4.0	3:27	3.7	9:18	0.2	9:36	0.2	7:15	4:39	
10	Sat	3:57	3.9	4:22	3.5	10:15	0.3	10:27	0.4	7:14	4:40	
11	Sun	4:50	3.9	5:20	3.3	11:11	0.4	11:20	0.5	7:14	4:41	
12	Mon	5:44	3.8	6:18	3.3			12:07	0.4	7:14	4:42	
13	Tue	6:38	3.8	7:14	3.3	12:14	0.5	1:01	0.3	7:13	4:43	
14	Wed	7:30	3.9	8:04	3.4	1:06	0.5	1:51	0.2	7:13	4:44	
15	Thu	8:18	3.9	8:50	3.5	1:56	0.4	2:37	0.1	7:13	4:45	
16	Fri	9:02	4.0	9:32	3.6	2:42	0.4	3:20	0.0	7:12	4:46	
17	Sat	9:43	4.1	10:12	3.7	3:25	0.2	4:00	-0.1	7:12	4:47	
18	Sun	10:23	4.2	10:50	3.8	4:07	0.2	4:39	-0.1	7:11	4:49	
19	Mon	11:01	4.2	11:28	3.9	4:46	0.1	5:17	-0.2	7:11	4:50	
20	Tue	11:40	4.2			5:26	0.0	5:54	-0.2	7:10	4:51	
21	Wed	12:06	3.9	12:20	4.2	6:07	0.0	6:32	-0.2	7:09	4:52	
22	Thu	12:46	4.0	1:02	4.1	6:50	0.0	7:11	-0.2	7:09	4:53	
23	Fri	1:28	4.1	1:48	4.0	7:37	0.0	7:54	-0.1	7:08	4:55	
24	Sat	2:13	4.2	2:37	3.9	8:28	0.0	8:42	0.0	7:07	4:56	
25	Sun	3:02	4.2	3:32	3.7	9:25	0.0	9:35	0.1	7:06	4:57	
26	Mon	3:58	4.2	4:33	3.6	10:27	0.1	10:36	0.2	7:06	4:58	
27	Tue	4:59	4.1	5:40	3.5	11:33	0.1	11:41	0.2	7:05	5:00	
28	Wed	6:06	4.2	6:47	3.5			12:39	0.0	7:04	5:01	
29	Thu	7:12	4.3	7:51	3.7	12:47	0.1	1:43	-0.1	7:03	5:02	
30	Fri	8:14	4.4	8:50	3.8	1:50	0.0	2:42	-0.2	7:02	5:03	
31	Sat	9:11	4.5	9:44	4.0	2:50	-0.1	3:36	-0.4	7:01	5:05	