US HARBORS www.USHarbors.com

Yale boathouse, Thames River, CT - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:12	3.5	7:34	2.3	12:55	-0.1	2:00	-0.5	7:14	4:29	
2	Fri	8:05	3.5	8:27	2.4	1:53	-0.2	2:53	-0.6	7:14	4:30	
3	Sat	8:58	3.5	9:19	2.5	2:48	-0.3	3:42	-0.7	7:14	4:31	
4	Sun	9:50	3.4	10:12	2.6	3:41	-0.4	4:31	-0.6	7:14	4:32	
5	Mon	10:41	3.3	11:06	2.6	4:34	-0.3	5:20	-0.5	7:14	4:33	
6	Tue	11:33	3.0			5:29	-0.2	6:10	-0.4	7:14	4:34	
7	Wed	12:02	2.6	12:25	2.8	6:27	0.0	7:01	-0.2	7:14	4:35	
8	Thu	12:58	2.6	1:18	2.5	7:27	0.1	7:51	-0.1	7:14	4:36	
9	Fri	1:53	2.6	2:11	2.2	8:28	0.2	8:42	0.1	7:14	4:37	
10	Sat	2:48	2.6	3:08	2.0	9:30	0.3	9:32	0.3	7:13	4:38	
11	Sun	3:46	2.6	4:11	1.8	10:31	0.3	10:25	0.4	7:13	4:39	
12	Mon	4:44	2.6	5:12	1.8	11:27	0.3	11:17	0.5	7:13	4:40	
13	Tue	5:38	2.6	6:04	1.8			12:19	0.3	7:12	4:41	
14	Wed	6:27	2.7	6:51	1.9	12:07	0.5	1:06	0.2	7:12	4:42	
15	Thu	7:12	2.7	7:35	2.0	12:55	0.4	1:49	0.1	7:12	4:43	
16	Fri	7:56	2.8	8:17	2.1	1:40	0.3	2:28	0.0	7:11	4:44	
17	Sat	8:38	2.8	8:59	2.2	2:22	0.2	3:06	-0.1	7:11	4:46	
18	Sun	9:17	2.9	9:39	2.3	3:01	0.1	3:42	-0.2	7:10	4:47	
19	Mon	9:54	2.9	10:19	2.3	3:40	0.0	4:18	-0.3	7:09	4:48	
20	Tue	10:31	2.9	10:59	2.4	4:20	0.0	4:56	-0.3	7:09	4:49	
21	Wed	11:07	2.8	11:40	2.5	5:03	0.0	5:36	-0.3	7:08	4:50	
22	Thu	11:46	2.7			5:52	0.0	6:18	-0.2	7:08	4:51	
23	Fri	12:24	2.5	12:28	2.5	6:47	0.0	7:03	-0.2	7:07	4:53	
24	Sat	1:09	2.6	1:15	2.3	7:44	0.0	7:51	-0.1	7:06	4:54	
25	Sun	1:58	2.7	2:08	2.2	8:44	0.0	8:42	0.0	7:05	4:55	
26	Mon	2:54	2.8	3:11	2.0	9:46	0.0	9:40	0.1	7:04	4:56	
27	Tue	4:00	2.8	4:23	2.0	10:49	-0.1	10:42	0.1	7:04	4:58	
28	Wed	5:07	2.9	5:30	2.0	11:50	-0.2	11:45	0.0	7:03	4:59	
29	Thu	6:08	3.1	6:28	2.1			12:49	-0.3	7:02	5:00	
30	Fri	7:04	3.2	7:22	2.3	12:46	-0.1	1:45	-0.4	7:01	5:01	
31	Sat	7:57	3.2	8:14	2.4	1:45	-0.3	2:36	-0.5	7:00	5:03	