

































Rehoboth Beach (outer coast), DE - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:26	3.9	2:41	3.0	8:44	0.2	8:47	-0.3	7:18	4:49	
2	Tue	3:30	4.0	3:42	2.9	9:53	0.2	9:43	-0.3	7:18	4:50	
3	Wed	4:29	4.1	4:40	2.8	10:58	0.2	10:39	-0.3	7:18	4:51	
4	Thu	5:22	4.2	5:32	2.8	11:54	0.1	11:31	-0.4	7:18	4:52	
5	Fri	6:11	4.3	6:19	2.9			12:42	0.0	7:18	4:53	
6	Sat	6:56	4.3	7:04	3.0	12:19	-0.5	1:23	0.0	7:18	4:54	
7	Sun	7:39	4.3	7:47	3.1	1:03	-0.5	2:02	0.0	7:18	4:54	
8	Mon	8:20	4.3	8:30	3.1	1:45	-0.5	2:38	0.0	7:18	4:55	
9	Tue	8:59	4.2	9:11	3.2	2:26	-0.4	3:14	0.0	7:18	4:56	
10	Wed	9:38	4.0	9:52	3.2	3:07	-0.2	3:51	0.1	7:17	4:57	
11	Thu	10:16	3.8	10:34	3.2	3:49	0.0	4:27	0.2	7:17	4:58	
12	Fri	10:54	3.6	11:17	3.3	4:33	0.2	5:05	0.3	7:17	4:59	
13	Sat	11:34	3.3			5:20	0.5	5:45	0.4	7:17	5:00	
14	Sun	12:02	3.3	12:17	3.1	6:10	0.7	6:27	0.5	7:16	5:01	
15	Mon	12:52	3.4	1:06	2.9	7:05	0.8	7:14	0.5	7:16	5:03	
16	Tue	1:48	3.5	2:02	2.8	8:02	0.9	8:04	0.4	7:16	5:04	
17	Wed	2:47	3.7	3:01	2.8	9:03	0.8	8:59	0.2	7:15	5:05	
18	Thu	3:45	4.0	3:59	2.9	10:04	0.6	9:56	0.0	7:15	5:06	
19	Fri	4:41	4.3	4:54	3.0	11:03	0.3	10:53	-0.4	7:14	5:07	
20	Sat	5:34	4.6	5:48	3.3	11:57	0.0	11:48	-0.8	7:14	5:08	
21	Sun	6:26	4.9	6:40	3.5			12:47	-0.4	7:13	5:09	
22	Mon	7:17	5.1	7:32	3.7	12:41	-1.1	1:35	-0.7	7:13	5:10	
23	Tue	8:06	5.1	8:24	4.0	1:33	-1.3	2:22	-0.9	7:12	5:11	
24	Wed	8:55	5.0	9:15	4.1	2:25	-1.3	3:08	-1.0	7:11	5:12	
25	Thu	9:43	4.7	10:07	4.2	3:18	-1.2	3:55	-1.0	7:11	5:14	
26	Fri	10:31	4.3	10:59	4.2	4:14	-1.0	4:44	-0.9	7:10	5:15	
27	Sat	11:21	3.9	11:55	4.1	5:12	-0.6	5:34	-0.7	7:09	5:16	
28	Sun			12:13	3.4	6:14	-0.3	6:26	-0.5	7:08	5:17	
29	Mon	12:54	4.0	1:11	3.0	7:18	0.1	7:22	-0.3	7:08	5:18	
30	Tue	2:00	3.8	2:15	2.7	8:27	0.3	8:21	-0.1	7:07	5:19	
31	Wed	3:09	3.8	3:22	2.6	9:38	0.4	9:22	-0.1	7:06	5:20	