

Wilmington, DE - Mar 1997

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 3:53 | 5.2 | 4:31 | 4.7 | 11:22 | 0.3 | 11:22 | 0.1 | 6:34 | 5:54 | ☾ |
| 2 | Sun | 4:49 | 5.2 | 5:35 | 4.6 | | | 12:25 | 0.3 | 6:33 | 5:55 | ☾ |
| 3 | Mon | 5:54 | 5.2 | 6:43 | 4.7 | 12:26 | 0.2 | 1:32 | 0.3 | 6:31 | 5:56 | ☾ |
| 4 | Tue | 7:06 | 5.3 | 7:50 | 4.8 | 1:36 | 0.1 | 2:36 | 0.2 | 6:30 | 5:57 | ☾ |
| 5 | Wed | 8:14 | 5.4 | 8:52 | 5.1 | 2:44 | 0.0 | 3:38 | 0.0 | 6:28 | 5:58 | ☾ |
| 6 | Thu | 9:16 | 5.7 | 9:50 | 5.3 | 3:49 | -0.2 | 4:35 | -0.3 | 6:27 | 5:59 | ☾ |
| 7 | Fri | 10:14 | 5.9 | 10:43 | 5.6 | 4:49 | -0.5 | 5:30 | -0.5 | 6:25 | 6:00 | ☾ |
| 8 | Sat | 11:08 | 6.0 | 11:34 | 5.8 | 5:46 | -0.7 | 6:21 | -0.7 | 6:23 | 6:01 | ☾ |
| 9 | Sun | 11:59 | 6.0 | | | 6:40 | -0.9 | 7:10 | -0.7 | 6:22 | 6:02 | ☾ |
| 10 | Mon | 12:24 | 5.9 | 12:50 | 6.0 | 7:32 | -0.9 | 7:58 | -0.7 | 6:20 | 6:03 | ☾ |
| 11 | Tue | 1:14 | 6.0 | 1:41 | 5.8 | 8:24 | -0.8 | 8:45 | -0.6 | 6:19 | 6:04 | ☾ |
| 12 | Wed | 2:04 | 5.9 | 2:33 | 5.6 | 9:15 | -0.6 | 9:32 | -0.4 | 6:17 | 6:05 | ☾ |
| 13 | Thu | 2:54 | 5.8 | 3:25 | 5.4 | 10:07 | -0.4 | 10:21 | -0.1 | 6:16 | 6:06 | ☾ |
| 14 | Fri | 3:47 | 5.6 | 4:20 | 5.2 | 11:01 | -0.1 | 11:11 | 0.1 | 6:14 | 6:07 | ☾ |
| 15 | Sat | 4:42 | 5.5 | 5:18 | 5.0 | 11:55 | 0.1 | | | 6:12 | 6:08 | ☾ |
| 16 | Sun | 5:40 | 5.3 | 6:16 | 4.9 | 12:04 | 0.3 | 12:51 | 0.2 | 6:11 | 6:10 | ☾ |
| 17 | Mon | 6:39 | 5.2 | 7:15 | 4.9 | 12:58 | 0.4 | 1:47 | 0.3 | 6:09 | 6:11 | ☾ |
| 18 | Tue | 7:38 | 5.2 | 8:11 | 5.0 | 1:54 | 0.4 | 2:41 | 0.2 | 6:08 | 6:12 | ☾ |
| 19 | Wed | 8:33 | 5.2 | 9:03 | 5.1 | 2:48 | 0.3 | 3:32 | 0.1 | 6:06 | 6:13 | ☾ |
| 20 | Thu | 9:24 | 5.3 | 9:51 | 5.2 | 3:41 | 0.2 | 4:21 | 0.0 | 6:04 | 6:14 | ☾ |
| 21 | Fri | 10:10 | 5.4 | 10:35 | 5.3 | 4:31 | 0.0 | 5:06 | -0.1 | 6:03 | 6:15 | ☾ |
| 22 | Sat | 10:53 | 5.4 | 11:16 | 5.4 | 5:18 | -0.1 | 5:48 | -0.1 | 6:01 | 6:16 | ☾ |
| 23 | Sun | 11:33 | 5.3 | 11:53 | 5.4 | 6:03 | -0.1 | 6:28 | -0.1 | 6:00 | 6:17 | ☾ |
| 24 | Mon | | | 12:09 | 5.3 | 6:45 | -0.1 | 7:05 | 0.0 | 5:58 | 6:18 | ☾ |
| 25 | Tue | 12:27 | 5.4 | 12:44 | 5.2 | 7:26 | -0.1 | 7:40 | 0.1 | 5:56 | 6:19 | ☾ |
| 26 | Wed | 12:57 | 5.4 | 1:18 | 5.1 | 8:06 | 0.0 | 8:13 | 0.2 | 5:55 | 6:20 | ☾ |
| 27 | Thu | 1:26 | 5.5 | 1:52 | 5.1 | 8:45 | 0.1 | 8:45 | 0.3 | 5:53 | 6:21 | ☾ |
| 28 | Fri | 1:58 | 5.6 | 2:31 | 5.1 | 9:27 | 0.2 | 9:21 | 0.3 | 5:51 | 6:22 | ☾ |
| 29 | Sat | 2:37 | 5.6 | 3:16 | 5.0 | 10:13 | 0.4 | 10:05 | 0.4 | 5:50 | 6:23 | ☾ |
| 30 | Sun | 3:25 | 5.6 | 4:11 | 5.0 | 11:07 | 0.5 | 11:01 | 0.5 | 5:48 | 6:24 | ☾ |
| 31 | Mon | 4:22 | 5.6 | 5:14 | 5.0 | | | 12:07 | 0.5 | 5:47 | 6:25 | ☾ |