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# Boca Raton, Lake Boca Raton, FL - Mar 1997

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 1:31 | 2.4 | 1:36 | 2.2 | 7:51 | 0.4 | 8:12 | 0.1 | 6:43 | 6:21 | |
| 2 | Sun | 2:26 | 2.4 | 2:31 | 2.2 | 8:48 | 0.4 | 9:10 | 0.1 | 6:42 | 6:22 | |
| 3 | Mon | 3:28 | 2.4 | 3:35 | 2.2 | 9:50 | 0.4 | 10:13 | 0.1 | 6:41 | 6:22 | |
| 4 | Tue | 4:33 | 2.4 | 4:44 | 2.2 | 10:55 | 0.4 | 11:20 | 0.0 | 6:40 | 6:23 | |
| 5 | Wed | 5:39 | 2.5 | 5:53 | 2.3 | | | 12:02 | 0.3 | 6:39 | 6:23 | |
| 6 | Thu | 6:40 | 2.5 | 6:57 | 2.4 | 12:27 | -0.1 | 1:06 | 0.2 | 6:38 | 6:24 | |
| 7 | Fri | 7:37 | 2.6 | 7:57 | 2.6 | 1:30 | -0.1 | 2:04 | 0.0 | 6:37 | 6:25 | |
| 8 | Sat | 8:30 | 2.7 | 8:53 | 2.7 | 2:28 | -0.2 | 2:57 | -0.1 | 6:36 | 6:25 | |
| 9 | Sun | 9:19 | 2.7 | 9:46 | 2.7 | 3:22 | -0.2 | 3:47 | -0.2 | 6:35 | 6:26 | |
| 10 | Mon | 10:07 | 2.7 | 10:37 | 2.7 | 4:13 | -0.2 | 4:35 | -0.2 | 6:34 | 6:26 | |
| 11 | Tue | 10:53 | 2.6 | 11:27 | 2.7 | 5:02 | -0.1 | 5:23 | -0.2 | 6:33 | 6:27 | |
| 12 | Wed | 11:40 | 2.5 | | | 5:51 | 0.0 | 6:10 | -0.2 | 6:32 | 6:27 | |
| 13 | Thu | 12:17 | 2.6 | 12:26 | 2.4 | 6:40 | 0.1 | 6:58 | -0.1 | 6:31 | 6:28 | |
| 14 | Fri | 1:07 | 2.5 | 1:15 | 2.3 | 7:30 | 0.2 | 7:48 | 0.0 | 6:30 | 6:28 | |
| 15 | Sat | 2:00 | 2.4 | 2:07 | 2.2 | 8:22 | 0.4 | 8:39 | 0.1 | 6:29 | 6:29 | |
| 16 | Sun | 2:55 | 2.3 | 3:03 | 2.1 | 9:15 | 0.4 | 9:34 | 0.2 | 6:28 | 6:29 | |
| 17 | Mon | 3:54 | 2.2 | 4:04 | 2.1 | 10:11 | 0.5 | 10:30 | 0.3 | 6:27 | 6:30 | |
| 18 | Tue | 4:53 | 2.2 | 5:06 | 2.1 | 11:08 | 0.5 | 11:27 | 0.3 | 6:25 | 6:30 | |
| 19 | Wed | 5:49 | 2.2 | 6:04 | 2.1 | | | 12:04 | 0.4 | 6:24 | 6:31 | |
| 20 | Thu | 6:40 | 2.3 | 6:56 | 2.2 | 12:23 | 0.3 | 12:57 | 0.4 | 6:23 | 6:31 | |
| 21 | Fri | 7:25 | 2.3 | 7:44 | 2.3 | 1:14 | 0.3 | 1:44 | 0.3 | 6:22 | 6:32 | |
| 22 | Sat | 8:07 | 2.3 | 8:26 | 2.3 | 2:01 | 0.2 | 2:27 | 0.2 | 6:21 | 6:32 | |
| 23 | Sun | 8:44 | 2.3 | 9:06 | 2.4 | 2:43 | 0.2 | 3:06 | 0.1 | 6:20 | 6:33 | |
| 24 | Mon | 9:19 | 2.3 | 9:43 | 2.4 | 3:22 | 0.2 | 3:42 | 0.1 | 6:19 | 6:33 | |
| 25 | Tue | 9:52 | 2.3 | 10:20 | 2.5 | 4:00 | 0.2 | 4:17 | 0.1 | 6:18 | 6:34 | |
| 26 | Wed | 10:26 | 2.3 | 10:57 | 2.5 | 4:37 | 0.2 | 4:52 | 0.1 | 6:17 | 6:34 | |
| 27 | Thu | 11:02 | 2.3 | 11:37 | 2.5 | 5:16 | 0.2 | 5:30 | 0.0 | 6:16 | 6:34 | |
| 28 | Fri | 11:42 | 2.3 | | | 5:58 | 0.3 | 6:11 | 0.0 | 6:15 | 6:35 | |
| 29 | Sat | 12:21 | 2.5 | 12:25 | 2.2 | 6:43 | 0.3 | 6:58 | 0.0 | 6:14 | 6:35 | |
| 30 | Sun | 1:09 | 2.5 | 1:16 | 2.2 | 7:34 | 0.3 | 7:51 | 0.1 | 6:12 | 6:36 | |
| 31 | Mon | 2:03 | 2.5 | 2:13 | 2.2 | 8:30 | 0.3 | 8:50 | 0.1 | 6:11 | 6:36 | |