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# Boynton Beach, Lake Worth, FL - Jul 1789

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 3:57 | 2.5 | 4:48 | 2.5 | 11:06 | -0.3 | 11:38 | 0.2 | 5:34 | 7:21 | |
| 2 | Thu | 4:58 | 2.4 | 5:51 | 2.5 | | | 12:05 | -0.3 | 5:34 | 7:21 | |
| 3 | Fri | 5:59 | 2.4 | 6:50 | 2.6 | 12:37 | 0.2 | 1:01 | -0.3 | 5:35 | 7:21 | |
| 4 | Sat | 6:56 | 2.4 | 7:43 | 2.6 | 1:33 | 0.2 | 1:54 | -0.3 | 5:35 | 7:20 | |
| 5 | Sun | 7:49 | 2.4 | 8:32 | 2.6 | 2:24 | 0.2 | 2:44 | -0.3 | 5:35 | 7:20 | |
| 6 | Mon | 8:37 | 2.5 | 9:16 | 2.6 | 3:13 | 0.1 | 3:30 | -0.3 | 5:36 | 7:20 | |
| 7 | Tue | 9:22 | 2.5 | 9:56 | 2.6 | 3:58 | 0.1 | 4:14 | -0.3 | 5:36 | 7:20 | |
| 8 | Wed | 10:04 | 2.5 | 10:34 | 2.6 | 4:41 | 0.1 | 4:56 | -0.2 | 5:37 | 7:20 | |
| 9 | Thu | 10:45 | 2.4 | 11:11 | 2.6 | 5:23 | 0.1 | 5:36 | -0.1 | 5:37 | 7:20 | |
| 10 | Fri | 11:24 | 2.4 | 11:47 | 2.5 | 6:03 | 0.1 | 6:15 | 0.0 | 5:38 | 7:20 | |
| 11 | Sat | | | 12:04 | 2.3 | 6:42 | 0.1 | 6:54 | 0.1 | 5:38 | 7:20 | |
| 12 | Sun | 12:24 | 2.4 | 12:46 | 2.3 | 7:21 | 0.2 | 7:34 | 0.3 | 5:38 | 7:19 | |
| 13 | Mon | 1:01 | 2.3 | 1:29 | 2.2 | 8:02 | 0.2 | 8:16 | 0.4 | 5:39 | 7:19 | |
| 14 | Tue | 1:40 | 2.2 | 2:16 | 2.2 | 8:45 | 0.2 | 9:04 | 0.5 | 5:39 | 7:19 | |
| 15 | Wed | 2:23 | 2.2 | 3:08 | 2.1 | 9:33 | 0.2 | 9:57 | 0.6 | 5:40 | 7:19 | |
| 16 | Thu | 3:12 | 2.1 | 4:05 | 2.2 | 10:26 | 0.2 | 10:55 | 0.6 | 5:40 | 7:18 | |
| 17 | Fri | 4:07 | 2.1 | 5:06 | 2.2 | 11:22 | 0.1 | 11:54 | 0.5 | 5:41 | 7:18 | |
| 18 | Sat | 5:07 | 2.2 | 6:06 | 2.3 | | | 12:18 | 0.0 | 5:41 | 7:18 | |
| 19 | Sun | 6:09 | 2.3 | 7:03 | 2.5 | 12:50 | 0.4 | 1:12 | -0.1 | 5:42 | 7:17 | |
| 20 | Mon | 7:08 | 2.4 | 7:56 | 2.7 | 1:44 | 0.3 | 2:05 | -0.3 | 5:42 | 7:17 | |
| 21 | Tue | 8:04 | 2.6 | 8:46 | 2.9 | 2:36 | 0.1 | 2:56 | -0.4 | 5:43 | 7:16 | |
| 22 | Wed | 8:58 | 2.8 | 9:35 | 3.0 | 3:26 | -0.1 | 3:47 | -0.5 | 5:43 | 7:16 | |
| 23 | Thu | 9:50 | 2.9 | 10:22 | 3.1 | 4:16 | -0.2 | 4:38 | -0.5 | 5:44 | 7:16 | |
| 24 | Fri | 10:42 | 3.0 | 11:10 | 3.1 | 5:06 | -0.3 | 5:29 | -0.5 | 5:44 | 7:15 | |
| 25 | Sat | 11:35 | 3.0 | 11:58 | 3.0 | 5:57 | -0.4 | 6:21 | -0.4 | 5:45 | 7:15 | |
| 26 | Sun | | | 12:28 | 3.0 | 6:50 | -0.4 | 7:15 | -0.2 | 5:45 | 7:14 | |
| 27 | Mon | 12:48 | 2.9 | 1:23 | 2.9 | 7:45 | -0.4 | 8:12 | 0.0 | 5:46 | 7:14 | |
| 28 | Tue | 1:40 | 2.8 | 2:21 | 2.7 | 8:42 | -0.3 | 9:12 | 0.2 | 5:46 | 7:13 | |
| 29 | Wed | 2:35 | 2.7 | 3:23 | 2.6 | 9:43 | -0.2 | 10:15 | 0.3 | 5:47 | 7:12 | |
| 30 | Thu | 3:34 | 2.5 | 4:27 | 2.6 | 10:45 | -0.1 | 11:18 | 0.4 | 5:47 | 7:12 | |
| 31 | Fri | 4:37 | 2.5 | 5:31 | 2.5 | 11:47 | 0.0 | | | 5:48 | 7:11 | |