

Boynton Beach, Lake Worth, FL - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:17	2.1	3:17	2.1	10:01	0.5	10:31	0.1	7:08	5:39	
2	Fri	4:17	2.2	4:17	2.1	11:07	0.5	11:31	0.0	7:08	5:39	
3	Sat	5:17	2.3	5:17	2.1			12:07	0.5	7:09	5:40	
4	Sun	6:23	2.4	6:17	2.2	12:31	-0.2	1:07	0.4	7:09	5:41	
5	Mon	7:17	2.5	7:17	2.4	1:25	-0.4	2:01	0.2	7:09	5:41	
6	Tue	8:17	2.7	8:17	2.5	2:19	-0.5	2:55	0.0	7:09	5:42	
7	Wed	9:05	2.8	9:11	2.7	3:13	-0.7	3:43	-0.1	7:09	5:43	
8	Thu	9:59	2.9	10:05	2.8	4:07	-0.8	4:37	-0.3	7:09	5:44	
9	Fri	10:47	2.9	10:59	2.8	5:01	-0.8	5:31	-0.4	7:09	5:44	
10	Sat	11:35	2.9	11:53	2.8	5:49	-0.7	6:25	-0.4	7:10	5:45	
11	Sun			12:23	2.8	6:43	-0.5	7:19	-0.4	7:10	5:46	
12	Mon	12:47	2.7	1:11	2.7	7:37	-0.3	8:13	-0.4	7:10	5:47	
13	Tue	1:47	2.5	1:59	2.5	8:37	-0.1	9:07	-0.3	7:10	5:47	
14	Wed	2:41	2.4	2:53	2.3	9:37	0.1	10:07	-0.3	7:10	5:48	
15	Thu	3:47	2.3	3:53	2.1	10:37	0.3	11:07	-0.2	7:09	5:49	
16	Fri	4:47	2.2	4:53	2.0	11:37	0.3			7:09	5:50	
17	Sat	5:53	2.2	5:53	2.0	12:07	-0.1	12:37	0.4	7:09	5:50	
18	Sun	6:47	2.2	6:47	2.0	1:01	-0.1	1:31	0.4	7:09	5:51	
19	Mon	7:41	2.2	7:35	2.0	1:49	-0.2	2:19	0.3	7:09	5:52	
20	Tue	8:23	2.2	8:23	2.1	2:37	-0.2	3:07	0.3	7:09	5:53	
21	Wed	9:05	2.3	9:05	2.1	3:19	-0.2	3:49	0.2	7:09	5:54	
22	Thu	9:41	2.3	9:41	2.2	4:01	-0.2	4:25	0.1	7:08	5:54	
23	Fri	10:17	2.3	10:23	2.2	4:37	-0.2	5:01	0.1	7:08	5:55	
24	Sat	10:47	2.3	10:59	2.2	5:13	-0.2	5:37	0.0	7:08	5:56	
25	Sun	11:23	2.3	11:35	2.2	5:49	-0.1	6:13	0.0	7:07	5:57	
26	Mon	11:53	2.2			6:19	-0.1	6:43	0.0	7:07	5:57	
27	Tue	12:17	2.1	12:29	2.2	6:55	0.0	7:19	-0.1	7:07	5:58	
28	Wed	12:59	2.1	1:05	2.1	7:37	0.1	8:01	-0.1	7:06	5:59	
29	Thu	1:41	2.1	1:47	2.0	8:25	0.3	8:49	-0.1	7:06	6:00	
30	Fri	2:35	2.0	2:35	1.9	9:19	0.3	9:49	-0.1	7:06	6:01	
31	Sat	3:41	2.0	3:35	1.9	10:25	0.4	10:55	-0.2	7:05	6:01	