

Boynton Beach, Lake Worth, FL - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:49	2.2	2:07	2.3	8:30	0.2	9:05	0.1	7:08	5:39	
2	Mon	2:45	2.2	2:59	2.2	9:29	0.3	10:04	0.0	7:08	5:39	
3	Tue	3:47	2.3	3:58	2.3	10:34	0.3	11:06	-0.1	7:09	5:40	
4	Wed	4:52	2.4	5:01	2.3	11:39	0.2			7:09	5:41	
5	Thu	5:56	2.5	6:05	2.4	12:08	-0.3	12:41	0.1	7:09	5:41	
6	Fri	6:57	2.7	7:06	2.6	1:07	-0.5	1:40	-0.1	7:09	5:42	
7	Sat	7:54	2.8	8:04	2.7	2:03	-0.7	2:35	-0.2	7:09	5:43	
8	Sun	8:48	3.0	8:59	2.8	2:58	-0.8	3:29	-0.4	7:09	5:44	
9	Mon	9:39	3.0	9:53	2.9	3:51	-0.9	4:22	-0.5	7:09	5:44	
10	Tue	10:28	3.1	10:45	2.9	4:44	-0.9	5:14	-0.5	7:10	5:45	
11	Wed	11:17	3.0	11:37	2.8	5:36	-0.8	6:06	-0.5	7:10	5:46	
12	Thu			12:05	2.9	6:28	-0.6	6:59	-0.5	7:10	5:47	
13	Fri	12:29	2.7	12:54	2.7	7:21	-0.4	7:53	-0.4	7:10	5:47	
14	Sat	1:22	2.5	1:43	2.5	8:16	-0.2	8:48	-0.2	7:10	5:48	
15	Sun	2:17	2.4	2:34	2.3	9:13	0.0	9:45	-0.1	7:09	5:49	
16	Mon	3:14	2.2	3:27	2.2	10:12	0.2	10:42	-0.1	7:09	5:50	
17	Tue	4:14	2.1	4:23	2.0	11:11	0.3	11:38	0.0	7:09	5:50	
18	Wed	5:13	2.1	5:19	2.0			12:07	0.3	7:09	5:51	
19	Thu	6:09	2.1	6:13	2.0	12:31	-0.1	1:00	0.3	7:09	5:52	
20	Fri	7:00	2.1	7:03	2.0	1:20	-0.1	1:48	0.3	7:09	5:53	
21	Sat	7:45	2.2	7:49	2.1	2:06	-0.2	2:33	0.2	7:09	5:54	
22	Sun	8:26	2.3	8:32	2.2	2:48	-0.2	3:14	0.1	7:08	5:54	
23	Mon	9:06	2.4	9:13	2.2	3:27	-0.3	3:53	0.0	7:08	5:55	
24	Tue	9:44	2.4	9:53	2.3	4:04	-0.3	4:29	0.0	7:08	5:56	
25	Wed	10:21	2.4	10:33	2.3	4:41	-0.3	5:05	-0.1	7:07	5:57	
26	Thu	10:58	2.4	11:12	2.3	5:16	-0.3	5:40	-0.1	7:07	5:58	
27	Fri	11:35	2.4	11:54	2.3	5:53	-0.3	6:17	-0.2	7:07	5:58	
28	Sat			12:13	2.3	6:32	-0.2	6:57	-0.2	7:06	5:59	
29	Sun	12:37	2.2	12:53	2.3	7:15	-0.1	7:42	-0.2	7:06	6:00	
30	Mon	1:25	2.2	1:38	2.2	8:04	0.0	8:34	-0.2	7:06	6:01	
31	Tue	2:19	2.2	2:29	2.1	9:01	0.1	9:34	-0.3	7:05	6:01	