

Boynton Beach, Lake Worth, FL - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:53	2.8	9:00	2.6	3:06	-0.5	3:35	0.0	7:08	5:38	
2	Wed	9:37	2.8	9:44	2.5	3:52	-0.4	4:20	0.0	7:08	5:39	
3	Thu	10:19	2.7	10:26	2.5	4:36	-0.4	5:04	0.0	7:08	5:40	
4	Fri	10:58	2.6	11:07	2.4	5:18	-0.3	5:46	0.0	7:09	5:40	
5	Sat	11:36	2.5	11:48	2.3	6:00	-0.2	6:28	0.1	7:09	5:41	
6	Sun			12:14	2.4	6:41	-0.1	7:10	0.1	7:09	5:42	
7	Mon	12:29	2.2	12:53	2.3	7:23	0.1	7:54	0.2	7:09	5:42	
8	Tue	1:13	2.1	1:33	2.2	8:07	0.2	8:39	0.2	7:09	5:43	
9	Wed	2:00	2.0	2:16	2.1	8:55	0.3	9:28	0.2	7:09	5:44	
10	Thu	2:52	2.0	3:04	2.0	9:48	0.4	10:20	0.2	7:09	5:45	
11	Fri	3:48	2.0	3:57	2.0	10:45	0.5	11:13	0.1	7:10	5:45	
12	Sat	4:47	2.0	4:54	2.0	11:42	0.4			7:10	5:46	
13	Sun	5:46	2.1	5:51	2.1	12:06	0.0	12:36	0.4	7:10	5:47	
14	Mon	6:42	2.3	6:47	2.2	12:57	-0.1	1:28	0.2	7:10	5:48	
15	Tue	7:35	2.4	7:40	2.3	1:46	-0.3	2:17	0.1	7:10	5:49	
16	Wed	8:24	2.6	8:31	2.4	2:34	-0.5	3:04	-0.1	7:09	5:49	
17	Thu	9:12	2.7	9:21	2.6	3:22	-0.6	3:52	-0.2	7:09	5:50	
18	Fri	9:59	2.8	10:11	2.7	4:10	-0.7	4:39	-0.3	7:09	5:51	
19	Sat	10:46	2.9	11:02	2.7	4:58	-0.8	5:28	-0.4	7:09	5:52	
20	Sun	11:33	2.8	11:54	2.7	5:49	-0.7	6:19	-0.5	7:09	5:52	
21	Mon			12:22	2.8	6:41	-0.6	7:12	-0.5	7:09	5:53	
22	Tue	12:48	2.6	1:12	2.7	7:36	-0.4	8:08	-0.5	7:08	5:54	
23	Wed	1:45	2.5	2:06	2.5	8:34	-0.3	9:08	-0.4	7:08	5:55	
24	Thu	2:45	2.4	3:03	2.4	9:37	-0.1	10:10	-0.4	7:08	5:56	
25	Fri	3:50	2.4	4:04	2.3	10:42	0.0	11:13	-0.4	7:08	5:56	
26	Sat	4:56	2.3	5:08	2.2	11:46	0.1			7:07	5:57	
27	Sun	6:00	2.3	6:10	2.2	12:14	-0.4	12:46	0.1	7:07	5:58	
28	Mon	6:59	2.4	7:07	2.2	1:10	-0.4	1:42	0.0	7:07	5:59	
29	Tue	7:50	2.4	7:58	2.3	2:03	-0.4	2:32	0.0	7:06	5:59	
30	Wed	8:36	2.5	8:43	2.3	2:51	-0.4	3:19	-0.1	7:06	6:00	
31	Thu	9:18	2.5	9:25	2.3	3:36	-0.4	4:02	-0.1	7:05	6:01	