

Boynton Beach, Lake Worth, FL - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:02	2.4	12:29	2.5	6:45	-0.1	7:15	0.0	7:08	5:39	
2	Tue	12:52	2.4	1:13	2.5	7:35	0.0	8:07	-0.1	7:08	5:39	
3	Wed	1:46	2.4	2:01	2.4	8:31	0.1	9:03	-0.1	7:09	5:40	
4	Thu	2:46	2.4	2:55	2.3	9:32	0.2	10:04	-0.2	7:09	5:41	
5	Fri	3:50	2.4	3:55	2.3	10:38	0.3	11:08	-0.3	7:09	5:41	
6	Sat	4:58	2.4	5:01	2.3	11:44	0.3			7:09	5:42	
7	Sun	6:04	2.5	6:07	2.3	12:11	-0.4	12:47	0.2	7:09	5:43	
8	Mon	7:06	2.6	7:10	2.4	1:12	-0.5	1:47	0.1	7:09	5:44	
9	Tue	8:02	2.7	8:07	2.5	2:10	-0.6	2:42	0.0	7:09	5:44	
10	Wed	8:54	2.7	9:01	2.6	3:04	-0.6	3:35	-0.1	7:10	5:45	
11	Thu	9:41	2.8	9:51	2.6	3:55	-0.6	4:25	-0.2	7:10	5:46	
12	Fri	10:26	2.8	10:38	2.6	4:44	-0.6	5:13	-0.2	7:10	5:47	
13	Sat	11:08	2.7	11:24	2.5	5:31	-0.5	5:59	-0.2	7:10	5:47	
14	Sun	11:49	2.6			6:16	-0.3	6:44	-0.2	7:09	5:48	
15	Mon	12:09	2.4	12:28	2.4	7:02	-0.1	7:29	-0.1	7:09	5:49	
16	Tue	12:53	2.3	1:07	2.3	7:47	0.1	8:14	-0.1	7:09	5:50	
17	Wed	1:38	2.1	1:46	2.1	8:34	0.2	9:01	0.0	7:09	5:51	
18	Thu	2:26	2.0	2:29	2.0	9:24	0.4	9:51	0.1	7:09	5:51	
19	Fri	3:17	1.9	3:17	1.9	10:19	0.5	10:45	0.1	7:09	5:52	
20	Sat	4:14	1.9	4:12	1.8	11:16	0.5	11:40	0.1	7:09	5:53	
21	Sun	5:15	1.9	5:12	1.8			12:12	0.5	7:09	5:54	
22	Mon	6:14	2.0	6:11	1.9	12:33	0.1	1:05	0.5	7:08	5:54	
23	Tue	7:08	2.1	7:06	2.0	1:23	0.0	1:54	0.4	7:08	5:55	
24	Wed	7:56	2.2	7:57	2.1	2:10	-0.2	2:40	0.2	7:08	5:56	
25	Thu	8:40	2.4	8:44	2.2	2:53	-0.3	3:22	0.1	7:07	5:57	
26	Fri	9:22	2.5	9:29	2.3	3:35	-0.4	4:03	-0.1	7:07	5:58	
27	Sat	10:02	2.5	10:14	2.4	4:17	-0.5	4:44	-0.2	7:07	5:58	
28	Sun	10:42	2.6	11:00	2.5	4:59	-0.5	5:25	-0.3	7:06	5:59	
29	Mon	11:22	2.6	11:46	2.5	5:43	-0.4	6:08	-0.4	7:06	6:00	
30	Tue			12:04	2.5	6:28	-0.4	6:54	-0.5	7:05	6:01	
31	Wed	12:35	2.5	12:48	2.4	7:17	-0.2	7:44	-0.5	7:05	6:01	