

Boynton Beach, Lake Worth, FL - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:54	2.1	5:46	2.1			12:15	0.1	6:30	8:17	
2	Mon	5:46	2.1	6:41	2.2	12:44	0.5	1:06	0.1	6:30	8:17	
3	Tue	6:38	2.0	7:34	2.2	1:36	0.6	1:54	0.1	6:31	8:17	
4	Wed	7:30	2.1	8:22	2.3	2:24	0.5	2:40	0.1	6:31	8:17	
5	Thu	8:20	2.1	9:08	2.3	3:10	0.5	3:24	0.0	6:32	8:17	
6	Fri	9:07	2.2	9:51	2.4	3:53	0.4	4:06	-0.1	6:32	8:17	
7	Sat	9:51	2.2	10:32	2.5	4:35	0.4	4:46	-0.1	6:32	8:17	
8	Sun	10:35	2.3	11:12	2.6	5:15	0.3	5:24	-0.1	6:33	8:17	
9	Mon	11:18	2.3	11:51	2.6	5:53	0.2	6:03	-0.1	6:33	8:16	
10	Tue			12:00	2.4	6:32	0.2	6:43	-0.1	6:34	8:16	
11	Wed	12:30	2.6	12:44	2.4	7:11	0.1	7:25	0.0	6:34	8:16	
12	Thu	1:08	2.5	1:30	2.4	7:54	0.0	8:10	0.0	6:35	8:16	
13	Fri	1:49	2.5	2:19	2.4	8:39	0.0	9:01	0.2	6:35	8:16	
14	Sat	2:32	2.4	3:13	2.4	9:30	-0.1	9:57	0.3	6:36	8:15	
15	Sun	3:20	2.4	4:12	2.4	10:27	-0.1	10:59	0.3	6:36	8:15	
16	Mon	4:15	2.3	5:17	2.4	11:29	-0.2			6:37	8:15	
17	Tue	5:18	2.3	6:24	2.5	12:04	0.4	12:33	-0.2	6:37	8:15	
18	Wed	6:26	2.4	7:30	2.6	1:09	0.4	1:36	-0.3	6:38	8:14	
19	Thu	7:33	2.5	8:30	2.7	2:11	0.3	2:36	-0.4	6:38	8:14	
20	Fri	8:36	2.6	9:26	2.8	3:10	0.2	3:34	-0.5	6:39	8:13	
21	Sat	9:33	2.7	10:16	2.9	4:05	0.1	4:28	-0.5	6:39	8:13	
22	Sun	10:27	2.8	11:04	2.9	4:58	-0.1	5:20	-0.5	6:40	8:13	
23	Mon	11:18	2.8	11:49	2.9	5:49	-0.1	6:09	-0.4	6:40	8:12	
24	Tue			12:06	2.8	6:38	-0.2	6:58	-0.2	6:41	8:12	
25	Wed	12:31	2.8	12:53	2.7	7:25	-0.1	7:45	-0.1	6:41	8:11	
26	Thu	1:13	2.7	1:40	2.6	8:12	-0.1	8:32	0.1	6:42	8:11	
27	Fri	1:54	2.6	2:26	2.5	8:58	0.0	9:20	0.3	6:42	8:10	
28	Sat	2:34	2.4	3:13	2.3	9:46	0.1	10:11	0.5	6:43	8:10	
29	Sun	3:17	2.3	4:03	2.2	10:36	0.2	11:04	0.7	6:43	8:09	
30	Mon	4:04	2.2	4:58	2.2	11:29	0.3	11:59	0.7	6:44	8:09	
31	Tue	4:56	2.1	5:57	2.1			12:24	0.3	6:44	8:08	