US HARBORS www.USHarbors.com

Boynton Beach, Lake Worth, FL - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:13	2.2	12:35	2.3	6:53	0.1	7:22	0.2	7:08	5:39	
2	Fri	12:57	2.2	1:14	2.3	7:37	0.2	8:07	0.1	7:08	5:40	
3	Sat	1:46	2.2	1:57	2.2	8:27	0.3	8:58	0.1	7:09	5:40	
4	Sun	2:42	2.2	2:46	2.2	9:25	0.4	9:57	0.0	7:09	5:41	
5	Mon	3:43	2.2	3:44	2.1	10:30	0.4	10:59	-0.1	7:09	5:42	
6	Tue	4:49	2.3	4:49	2.2	11:36	0.4			7:09	5:42	
7	Wed	5:56	2.4	5:56	2.3	12:02	-0.3	12:39	0.3	7:09	5:43	
8	Thu	6:58	2.6	7:01	2.4	1:04	-0.5	1:39	0.1	7:09	5:44	
9	Fri	7:56	2.7	8:01	2.6	2:02	-0.6	2:36	-0.1	7:09	5:45	
10	Sat	8:49	2.8	8:58	2.7	2:58	-0.7	3:30	-0.2	7:09	5:45	
11	Sun	9:40	2.9	9:52	2.8	3:52	-0.8	4:23	-0.4	7:09	5:46	
12	Mon	10:28	3.0	10:44	2.8	4:45	-0.8	5:15	-0.4	7:09	5:47	
13	Tue	11:15	2.9	11:36	2.8	5:36	-0.7	6:06	-0.5	7:09	5:48	
14	Wed			12:02	2.8	6:27	-0.5	6:57	-0.5	7:09	5:48	
15	Thu	12:28	2.6	12:48	2.6	7:19	-0.3	7:49	-0.4	7:09	5:49	
16	Fri	1:19	2.5	1:34	2.4	8:12	-0.1	8:42	-0.3	7:09	5:50	
17	Sat	2:13	2.3	2:22	2.2	9:07	0.1	9:37	-0.2	7:09	5:51	
18	Sun	3:09	2.2	3:14	2.1	10:05	0.3	10:33	-0.1	7:09	5:52	
19	Mon	4:08	2.0	4:09	1.9	11:04	0.4	11:30	0.0	7:09	5:52	
20	Tue	5:09	2.0	5:08	1.9			12:02	0.5	7:09	5:53	
21	Wed	6:08	2.0	6:05	1.9	12:25	0.0	12:57	0.4	7:08	5:54	
22	Thu	7:01	2.0	6:58	1.9	1:17	0.0	1:47	0.4	7:08	5:55	
23	Fri	7:47	2.1	7:46	2.0	2:04	-0.1	2:33	0.3	7:08	5:55	
24	Sat	8:29	2.2	8:30	2.1	2:48	-0.2	3:15	0.2	7:08	5:56	
25	Sun	9:07	2.3	9:12	2.2	3:28	-0.2	3:54	0.1	7:07	5:57	
26	Mon	9:44	2.4	9:52	2.2	4:05	-0.3	4:30	0.0	7:07	5:58	
27	Tue	10:20	2.4	10:32	2.3	4:41	-0.3	5:05	-0.1	7:06	5:59	
28	Wed	10:55	2.4	11:11	2.3	5:16	-0.2	5:39	-0.1	7:06	5:59	
29	Thu	11:30	2.3	11:51	2.3	5:52	-0.2	6:14	-0.2	7:06	6:00	
30	Fri			12:05	2.3	6:30	-0.1	6:53	-0.2	7:05	6:01	
31	Sat	12:34	2.2	12:43	2.2	7:12	0.0	7:36	-0.3	7:05	6:02	