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# Boynton Beach, Lake Worth, FL - Jul 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 1:23 | 2.4 | 1:42 | 2.2 | 8:21 | 0.2 | 8:32 | 0.2 | 6:30 | 8:17 | |
| 2 | Fri | 2:00 | 2.3 | 2:25 | 2.2 | 9:02 | 0.2 | 9:14 | 0.4 | 6:31 | 8:17 | |
| 3 | Sat | 2:38 | 2.2 | 3:12 | 2.1 | 9:44 | 0.2 | 10:01 | 0.5 | 6:31 | 8:17 | |
| 4 | Sun | 3:20 | 2.1 | 4:02 | 2.1 | 10:31 | 0.2 | 10:53 | 0.5 | 6:31 | 8:17 | |
| 5 | Mon | 4:06 | 2.1 | 4:58 | 2.1 | 11:21 | 0.2 | 11:50 | 0.6 | 6:32 | 8:17 | |
| 6 | Tue | 4:59 | 2.1 | 5:58 | 2.2 | | | 12:15 | 0.1 | 6:32 | 8:17 | |
| 7 | Wed | 5:57 | 2.1 | 6:59 | 2.3 | 12:47 | 0.6 | 1:10 | 0.0 | 6:33 | 8:17 | |
| 8 | Thu | 6:57 | 2.2 | 7:57 | 2.4 | 1:44 | 0.5 | 2:05 | -0.1 | 6:33 | 8:17 | |
| 9 | Fri | 7:57 | 2.3 | 8:51 | 2.6 | 2:38 | 0.4 | 2:58 | -0.3 | 6:33 | 8:16 | |
| 10 | Sat | 8:54 | 2.5 | 9:43 | 2.7 | 3:30 | 0.2 | 3:50 | -0.4 | 6:34 | 8:16 | |
| 11 | Sun | 9:49 | 2.6 | 10:32 | 2.9 | 4:21 | 0.1 | 4:41 | -0.5 | 6:34 | 8:16 | |
| 12 | Mon | 10:42 | 2.7 | 11:20 | 3.0 | 5:12 | -0.1 | 5:32 | -0.6 | 6:35 | 8:16 | |
| 13 | Tue | 11:35 | 2.8 | | | 6:02 | -0.2 | 6:23 | -0.5 | 6:35 | 8:16 | |
| 14 | Wed | 12:07 | 3.0 | 12:28 | 2.9 | 6:53 | -0.3 | 7:15 | -0.4 | 6:36 | 8:15 | |
| 15 | Thu | 12:55 | 3.0 | 1:21 | 2.9 | 7:46 | -0.4 | 8:09 | -0.3 | 6:36 | 8:15 | |
| 16 | Fri | 1:43 | 2.9 | 2:16 | 2.8 | 8:40 | -0.4 | 9:05 | -0.1 | 6:37 | 8:15 | |
| 17 | Sat | 2:33 | 2.7 | 3:14 | 2.7 | 9:36 | -0.3 | 10:05 | 0.1 | 6:37 | 8:15 | |
| 18 | Sun | 3:27 | 2.6 | 4:14 | 2.6 | 10:35 | -0.3 | 11:06 | 0.3 | 6:38 | 8:14 | |
| 19 | Mon | 4:24 | 2.5 | 5:18 | 2.5 | 11:36 | -0.2 | | | 6:38 | 8:14 | |
| 20 | Tue | 5:24 | 2.4 | 6:22 | 2.5 | 12:09 | 0.4 | 12:36 | -0.1 | 6:39 | 8:13 | |
| 21 | Wed | 6:27 | 2.3 | 7:23 | 2.4 | 1:10 | 0.4 | 1:35 | -0.1 | 6:39 | 8:13 | |
| 22 | Thu | 7:27 | 2.3 | 8:19 | 2.5 | 2:07 | 0.4 | 2:29 | -0.1 | 6:40 | 8:13 | |
| 23 | Fri | 8:21 | 2.4 | 9:07 | 2.5 | 3:00 | 0.4 | 3:19 | -0.1 | 6:40 | 8:12 | |
| 24 | Sat | 9:10 | 2.4 | 9:50 | 2.6 | 3:48 | 0.3 | 4:05 | -0.1 | 6:41 | 8:12 | |
| 25 | Sun | 9:55 | 2.4 | 10:29 | 2.6 | 4:33 | 0.3 | 4:48 | -0.1 | 6:41 | 8:11 | |
| 26 | Mon | 10:36 | 2.5 | 11:05 | 2.6 | 5:14 | 0.2 | 5:28 | 0.0 | 6:42 | 8:11 | |
| 27 | Tue | 11:15 | 2.5 | 11:40 | 2.6 | 5:53 | 0.2 | 6:06 | 0.0 | 6:42 | 8:10 | |
| 28 | Wed | 11:53 | 2.5 | | | 6:30 | 0.2 | 6:43 | 0.1 | 6:43 | 8:10 | |
| 29 | Thu | 12:14 | 2.6 | 12:31 | 2.4 | 7:06 | 0.2 | 7:18 | 0.2 | 6:43 | 8:09 | |
| 30 | Fri | 12:48 | 2.5 | 1:10 | 2.4 | 7:41 | 0.2 | 7:54 | 0.3 | 6:44 | 8:08 | |
| 31 | Sat | 1:22 | 2.4 | 1:51 | 2.4 | 8:17 | 0.2 | 8:32 | 0.4 | 6:44 | 8:08 | |